Facts About Bread!

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Bread
Bread is a favorite food for many, and is part of the food pyramid as a grain. There are many different kinds of bread!

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How long has it been around?
Bread has been around for thousands of years. At least 12,000 years ago, Middle Eastern countries had *pita bread*. Pita bread pockets are created by using steam to puff up the dough!
How much bread do we eat?
The average American consumes 53 pounds of bread per year!
Has it always been just food?
Bread was so important to Egyptians a long, long time ago that it was used a currency, or money!
Bread in 1997
Kansas wheat farmers provided enough wheat to make bread in 1997 to give everyone on earth six loaves of bread – that’s 36.5 billion loaves of bread!
Breaking the Bread
Bread is a universal sign of peace in many cultures. It is one of the foods that people from all sorts of backgrounds eat.
The History of Sliced Bread
You can thank a man named Otto Rohwedder for sliced bread. He invented it in 1928 after working on it for 16 years.
Kinds of Bread
There are over 100 different kinds of bread, including pumpernickel, sourdough, wheat, white, and more. What kind is your favorite?

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Works Referenced


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“Breaking bread, juice, dinner party, Broadview townhouse, Seattle, Washington, USA” by Flickr user Wonderlane used under Creative Commons Attribution 2.0 license

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Common Core State Standards

CCSS.ELA-LITERACY.RI.K.1
With prompting and support, ask and answer questions about key details in a text.

CCSS.ELA-LITERACY.RI.K.2
With prompting and support, identify the main topic and retell key details of a text.

CCSS.ELA-LITERACY.RI.K.3
With prompting and support, describe the connection between two individuals, events, ideas, or pieces of information in a text.
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