**Newly-appointed senators look forward to changes**

**BY KATIE WATTERS**

The ARU senators wait for new leadership, emboldened by a full Senate. Arinelle Aderokun, Katelyn Fisher, and Thomas Womack, among others, are already representing their constituencies. The Senate meeting was filled with energy as senators geared up for the new academic year.

"We are extremely excited to be a part of the Senate," said Aderokun. "There are many opportunities to affect change through ARU, and really I can't wait to get started," she added.

Fisher said that she is excited about being in the Senate because of the unique opportunities it provides. "I think the Senate is a great way to get involved and make a difference," she said.

Womack agreed that the Senate is a place where students can make a real impact. "I'm looking forward to being able to represent the needs of the student body," he said.

The new senators all share a common goal: to improve the student experience at the University of Iowa. They are excited about the opportunity to work together to achieve this goal.

**Gibslns recalls Supreme Court memories**

**By JEREMY BONEMA**

Dr. Vibhuti Singh, a former judge on the U.S. Supreme Court, recently visited the University of Iowa to discuss her experiences as a Supreme Court justice. Singh spoke about the importance of judicial independence and the role of the judiciary in safeguarding democratic values.

"Justice is the foundation of our democracy," said Singh. "It is essential that the judiciary remain independent and that judges are free to make decisions based on the law, not political pressure or popular opinion."

Singh also spoke about her time on the Supreme Court, including some of the most high-profile cases she had the privilege of hearing. She discussed the challenges of interpreting the Constitution and the importance of upholding the rule of law.

"Every decision the Supreme Court makes has a profound impact on American society," said Singh. "It is a great honor to have been a part of this process, and I am proud to have served as a judge."
Disability Services coordinator retirees

DIANNE MITHOLIN, a student, co-workers and friends gathered Friday evening to say goodbye to Diane Mithollin, who was retiring after 17 years as the coordinator of Disability Services.

"Diane came to UI as an assistant professor in 1973, and received her degree in English in 1978," said Dr. Mary Reynolds, the current director of the Academic Assistance Center. "She was a prototype for this service to the University of Idaho. Diane worked as a "kitchen-sink" and "hands on" worker for students, who needed assistance and "back doors" at UI."

"Diane was a wonderful woman," said Lila Lambe, the president of the Idaho Women's Commission. "I'll miss her for many, many reasons."
The bloodier the better

Students should actively participate in campus blood drives

By J.B. Wise

This year the Red Cross will be on campus with their red vehicles, handing out pens and stickers. They are trying to step up their goal, as well as their recruitment efforts, to try and compete with the college community.

People are given[...]

Americans go overboard on overeating

It's no odd day when Americans start turning into fatheads. It's just another day for fast food — for healthy eating...

This prospect is not as far off as we think. Last year a new company was recently announced it is testing mouth-scratching soup: Culinary Delights.

This company which turned "two alligators into two soups: spires, onions — into the mouth."

I applaud McDonald's for its attempts at helping Americans to eat healthier: Bom, what do we say about the restaurant, the primary source of various health problems for people to eat healthier? A few years ago, the corporation announced it was going to serve a new line of "restaurant health snacks" for people to eat healthier.

But I've read a few articles recently featuring aromas: Smith’s (a $150,000 truck driving around the country) with a $50,000 food display, featuring aromas of all sorts for people to eat healthier. As I thought about the article, I figured I would do a little research on all the people who eat unhealthy.

For the past 10 years or so, the food industry has attempted to get people to be more health-conscious by offering a healthier alternative: fat-free, low-calorie, and low-fat meals. These meals are advertised to be "healthier," but what does that mean? The truth is, the food industry is just trying to make us buy more food. This is the case because the food industry has found that the some people say they are healthy, but the industry continues to make us eat unhealthy food.

But I think it's really time we all realized how unhealthy our food choices are. The food industry is just trying to make us feel good about ourselves, but the truth is, we are not making healthy choices. We are making unhealthy choices.

The only way to get back to eating healthy is to eat healthy. We all need to start thinking about what we eat and how we eat. The food industry is just trying to make us feel good about ourselves, but the truth is, we are not making healthy choices. We are making unhealthy choices.

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Holden, a former member of the rock band Dinosaur Jr., is a talented musician and composer. His work is characterized by intricate guitar riffs and emotional lyrics, often exploring themes of identity and personal struggle. Holden’s music has gained a dedicated following, and his influence on contemporary rock music remains strong. Through his latest release, Holden continues to push the boundaries of rock music, delivering a powerful and thought-provoking listening experience to his fans. With continued support and accolades, Holden’s career is poised for further growth and success in the music industry.
Drug show set for Friday

The UI College of Law campus was the perfect place for a first-time drug show, held recently by the newly formed College of Law Student Bar Association. The show was part of the final event of Drug Show on Friday and Saturday.

The fundraiser will be the last to be held at the university during the fall 2004 semester of Black and Red Investments. Doors open at 7 p.m. and start at 8 p.m.

Tickets are available at the Student Union for 4, or at 5 a.m. in academic affairs. With the proceeds, the Student Bar Association will be held at the end of the year.

Vote defines 12 documents that shaped America

The National Academic-Pacific Alaska Region is preparing with National Academic-Pacific Alaska Region to present the "People's Vote" for the 1995 Pacific Legion.

The civil society of America, President George H.W. Bush, along with the Authors of the United States of America, will officially unveil "The People's Vote" as the 12 documents that shaped America.

Eastside Cinemas Showtimes

Film: "Hustle & Flow"—10:15 (2:30 and 1:30, Saturday). Once Upon A Time in Memphis,"—2:30 and 7:30 (Sat).

"The Center,"—7:30 and 3:30.

"Open Range"—R (2:30 and 7:30). "S.W.A.T."—Sat. 10:15 and 7:00 p.m. "Finding Nemo"—2 and 7:00 (Sat).

Student Eye Services

Adjacent to campus at the Clearview Eye Clinic

David Leach, M.D. 882-4662

Routine & Emergency Eye Care

Laser Vision Correction

All insurances billed. Uninsured discounts available.

UI Health Services

Palouse Medical, P.S.
719 S. Main St. 882-3510

625 Palouse Blvd. 509-332-2517

A wonderful Health partner ship for your entire family's health care needs begins at Palouse Medical.

UI Counseling & Testing Center

Free, confidential services for UI students Continuing Ed. Bldg. Rm. 306, 885-6716

Dedicated to Academic, Career, & Personal Success

Noun slaves bow to the apostrophe

All this is to say that those damn signs everywhere in the stores "'s' is fine in "2004's a bold year" but "2004's a bold year" is clearly wrong. The apostrophe should signal that the preceding thing is the possessive of the thing after it. Bob's sunglasses belong to Bob. The band aid belongs to the band.

In the only exception to this the "a's bow of" like "the cat's meow is in, and "the dog's back to the world. So use the apostrophe carefully, because it sure as hell can ensnare.

A sad week can get you down in horseshoe land

HAMBOURG HORSESHOE

It's time for another round of fortune telling based on the Bodily Bodies. If Hippodromes didn't exist, it would.

Sanguine: character rules, being an example/cheerful/enthusiastic /attention-seeking/enthusiast. Great you. Sanguine will want independence this week, as they have been forming for the past two weeks on entertaining everyone with their fun and party faces. These people love to have a good time, but with few exceptions of time, which are not Sanguine time. However, due step on the moonshine, which are their faults, Sanguines will be ready at all moments to drop what they are doing and play -- perhaps even play. They don't want to stay in the same old routine, do

Melancholic: good cheer. You're not fun when you're sad.

Sanguine: hate to lose lovers. When the Sanguines are not good to us, they become jealous of us. They will be unpredictable this week. They don't want us to change.

Melancholic (reverses of Sanguine): character traits: moody/controlling/dramatic /artistic genres /strong passions /possessive /introverted. Governed by his, influenced by earth. This week, Melancholies will be really

Winston Music?

WINNING MUSIC?

The Mutant Room Band performs at the Battle of the Bands Thursday night on film street.

Horse Show offered by the University of Idaho Equestrian Club.

UI ~ Dec 13, 2003

UI ~ 03:28 PM

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Emmy awards lack trends, full of emotion and plenty of nostalgia

**By Gal Pennington**

ST. LOUIS — Call it Emmy's Year of the Rino. In the first 21 days of summer, Garry Shandling had a hit with "The Larry Sanders Show," and David Letterman had "Late Night With David Letterman." And Jon Stewart, making his mark on "The Daily Show With Jon Stewart," is a strong contender.

In a shocker, however, "The West Wing" won for the fourth time in four years as best drama series, despite suffering through a mid-season hiatus that -------

"We are really excited that "James Bond" is the last Bond film," said Lesley. "It's been a great run for the series, and we're happy to see it continue."

\(\text{End of article.}\)
Volleyball continues recent skid

By BETSY DALIKOS
Assistant editor

The Big West is looking for a sponsor as a name for the University of Idaho volleyball team, so the Vandals lost their second straight five-game conference match Saturday to Cal State Northridge.

"We came out...
Volleyball player of the week

Junior middle blocker, senior Janice Sager, set a new career high in matches played this season, including a career-long two-set streak, to lead the 1993 volleyball team. Sager is ranked 13th in the country, helping to elevate the program to new heights.

Soccer player of the week

Junior midfielder, senior John Wicks, had a career-high four goals and two assists to lead the 1993 soccer team to a successful season. Wicks was named to the All-American team.

Golf Tourney

The annual golf tourney will be held on April 15th. The tournament is open to all students and faculty. For more information, contact the Intramural Office.

International Tourney

The annual international tourney will be held on April 17th. The tournament is open to all international students. For more information, contact the International Office.
Big MAC attack finally gains national attention

BY RAY PARHILL
PHILADELPHIA (AP) — College football tied a record with 100 commitments as of Sunday, a day before the Nov. 25 deadline. The University of Mississippi, the nation's leading recruiter, has more than 1,000 on file. The same was true for the SEC conference as a whole. The SEC has the most national commitments, with 118 as of Sunday. The SEC includes schools from Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, Missouri, North Carolina, South Carolina, Tennessee, Texas, Virginia, and West Virginia.

There is greater parity in college football than in scholarship aid. Scholarships are awarded based on need, whereas football scholarships are often given based on merit. The SEC is considered to be one of the most elite conferences in college football, with teams such as Alabama, Georgia, and LSU competing for top spots.

At the University of Mississippi, also known as Ole Miss, the football team has been a source of national media attention in recent years. The team has made several bowl appearances and has won several conference championships. The University of Mississippi has a rich history in college football, dating back to the 19th century.

In the world of college football, the SEC is known for its competitiveness and the level of play. The conference is home to some of the best teams in the country, with programs such as Alabama, Georgia, and LSU competing for national championships. The SEC has produced many successful players, coaches, and programs over the years.

There are 14 schools in the SEC, with each school having their own unique history and traditions. The conference is known for its rivalry games, with matchups such as Alabama vs. Auburn, LSU vs. Texas A&M, and Georgia vs. South Carolina.

The SEC is also known for its traditions, with games such as the Mississippi State vs. Ole Miss Egg Bowl being a highly anticipated event each year. The conference is considered to be one of the most competitive in college football, with teams such as Alabama, Georgia, and LSU competing for national championships.

In conclusion, the Big MAC attack has finally gained national attention. The University of Mississippi, with its 100 commitments as of Sunday, is leading the way in recruiting for the SEC conference. The SEC is known for its competitiveness and the level of play, with teams such as Alabama, Georgia, and LSU competing for national championships. The conference is also known for its traditions, with games such as the Mississippi State vs. Ole Miss Egg Bowl being a highly anticipated event each year. The conference is considered to be one of the most competitive in college football, with teams such as Alabama, Georgia, and LSU competing for national championships.