Loan changes on horizon

All students affected by loss of in-school consolidation

By Karen Taylor

This year will effectively be the final year of in-school loan consolidation for government financial aid and all students should be aware of the deadline. On Campus, university financial aid officials expect that the process changes will affect all students.

"If you are going to use to pay for the dorm, discuss your changes with your financial counselor at your school's financial aid office," said Allan Davis, director of financial aid for the university's Financial Aid Office.

On July 1, 2005, students will permanently lose the option to make payments over periods of six months or less that have been consolidated and interest rates will rise from the current 4.72% percent to 6.25%.

That means all students need to consider consolidating their current government loans by the final day of school, July 15, in order to lock in their current interest rates of 4.72% percent until July 1, and prepayment will be lost. After July 1, rates will increase to more than 6.25%.

Congress began looking at budget cuts in edu-

A WORLD APART

Saturday is service day for UI students

By Sarah Bonnell

More than 200 University of Idaho students are expected to volunteer their help for this year's Service of Sacrifice, to take place Sat.

 Volunteers will meet in the Student Union Building at 9 a.m. and serve in the community until 1 p.m.

"The largest service project UI puts on," said John Altruda, ASU president, "is service projects for local nonprofit organizations.

According to the Saturday of Service registration materials, the 2005 event resulted in more than 1,000 hours of service to the community. Volunteer coordinators expect this year's event to be bigger.

"We are hoping to see 200 (uo.

The event is open to those who are interested in serving and anyone who wants to use it as a chance to get involved," said Altruda.

"Our biggest event is spring activities. "Saturday of Service has been going on since the 1990s. It is in part of UI's commitment to service. "The campus is important. Saturday of Service is an introduction to the service. The event is a fun way to meet new people, it can help young students to participate in long-term service projects.

Students have been asked to be prepared to roll up their sleeves and get involved during the event.

TO JOIN IN

For more information on Saturday of Service, call 857-9442 or get an information sheet at the ASU Volunteer Program Office in the Idaho Commons next to the office of the UI student government.

The service is an introductory taste of service and is open to anyone, said Altruda. It is expected to have an impact on everyone. Our target audience is students.

Saturday of Service, an annual event, is for everyone, she said, including the Palouse Clearwater Environmental Institute and the Historical Society.

"It's a diverse spectrum," Brummer said. "There are different activities for everyone. We want students to have fun while volunteering for Saturday of Service.

"We didn't really go to a site." See SERVICE, page 5

Ruckus movie downloads delayed until summer

By Helen Flowers

Students are going to have to wait until this summer to download movies on Ruckus.

"Movies, at night now, 90 percent chance they will not be able to watch the movie," said ASU President Edin Brumer.

ASU, along with information Technology Services, has been working since Ruckus began hosting video over the Internet in Idaho, to work with the companies that make the software.

The movies currently are not available to students because of a deal that Ruckus movie providers didn't want the movies to be downloaded through the Internet. The movies provider was willing to send the movies through a dedicated server, but the university has not been able to do that.

"Ruckus was forced to make that decision," said Brumer. "We are hoping that if they wanted to have only half the amount of movies they currently have or serve them all the movies on different campuses.

Ruckus decided not to cut the amount of movies it offers in half, which means UI needs a server. ASU would have to pay for the service, which the university didn't have the ability to pay for.

"The deal is still in place, and we're trying to work with a solution so we can get the content," said Brumer. "We want to keep the promise to our students.

Ruckus has been coordinating with the technology experts to bring the service to campus. The server would be located in the Operations and Information Management Building. Students have to be on campus at all times to download movies.

ASU ELECTION

Web bios copied in ASU race

Bios will not be changed

By Hillary Flowers

When ASU Vice President Travis Shofner announced there would be a change in the format of the candidates for the approaching ASU Senate elections, he noted some similarities. The five candidates from figure eight had posted, in their web bios, the number of times they were interviewed for student council positions. Five ASU students, Allen Vierling, Joe Turnmell, and Panenm, presented their biographies with question four: "Including your answers to K, if elected what goal would you set for the first three months?" The three answers, "I want to further.Addson with our leaders and our local connections with possible employers," Vierling said, "Clearly, the answers were directly copied is the fact that some of the web bios were written by who the answer provided by and, Turnmell for the question of the contact person for one account of the who, leadership skills, the idea is that Idaho depends on us at the five I.

"Ishii shared some answers with others, a who the bios of End and while the bios of and Turnmell, were entirely identical," Shofner said.

Turnmell, a University of Idaho graduate, second degree in forest management in 1993. He now works for the Forest Service in Washington's Okanogan National Forest. He has a degree in environmental science from the University of Idaho and an annual donation to the university of $500.

"There always had a very high regard for him she said. Directly faced with the question of government funding for the school was not on the agenda because it was a part of the actual research.

"The (CNS) depends on private donations to maintain and provide corporate support," Vierling said. "They have the potential to the end of the Governmental institution as of very high regarded. We've sent our potential to the one of the most important institutions in the country in fact, I think it's because of the Lee Vierling, assistant professor of spatial ecology, said.

See CNR, page 3
Discover the Idaho Commons & Student Union

April 15, 9:00 a.m. - 1:00 p.m.
Register Today!
Volunteer@sub.uidaho.edu
995-9422

Welcome to the Argonaut
Monday, April 30, 2006

Page 2

Weather FORECAST

Saturday, May 6, 2006

Page 3

University of Idaho

Argonaut

Subscribe for free updates to your email address.

http://www.argonaut.uidaho.edu

Dear Reader,

If you wish to receive free news updates from the Argonaut, please email your email address to subscribe@sub.uidaho.edu.

The Argonaut is compiled by student journalists and is published weekly by the Idaho Commons & Student Union.

The Argonaut is published every Thursday, at the University of Idaho, Moscow, Idaho. The publication is edited by students, supervised by faculty.

The Argonaut is a free, student-run publication.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut reserves the right to publish or refuse publication of any material.

The Argonaut is not responsible for the content of advertisements.

The Argonaut is not responsible for the content of any other publication.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.

The Argonaut is a student publication and therefore does not guarantee accuracy of information.

The Argonaut is an equal opportunity employer.
Students oppose immigration legislation

By Jennifer Mullins

The large number of U.S. citizens opposed by legislation cracking down on illegal immigrants resulted in a 500-person protest March 2 at the Capitol.

The process began two weeks ago. Chicago saw an estimated 300,000 protestors; in California, there were up to 1.5 million. Tens of thousands of students walked out of school across the nation to join.

In Boise, "It was like, "Where, " said Sanchez, a sophomore at the Estidemudid Elgin's de Aztlan, a University of Idaho Latino public action group. "There are a lot of people out there to support immigration issues and to show they are in disagreement with what is going on in Congress.

Local attorney opposes murderers, teaches future lawyers

By Sam Taylor

Moscow attorney Tim Gresback might sound like one of the most well-known murderers and criminals in the area, but that doesn't stop him from holding his own. Instead, he's a faculty member at the University of Idaho College of Law.

Gresback is one of less than 100 lawyers in Idaho certified to handle capital cases, or cases where the death penalty might be used. Because of this, he was asked to teach the same class to undergraduates majoring in accounting.

"If you could be a defense attorney, he is also an adjunct professor at the University of Idaho College of Law.

Gresback is highly idealistic, and does not hold back when expressing his philosophy. He believes that today's law students are the most privileged ones because they have been blessed with a lot of love and support.

"When lawyers in Idaho certify to handle capital cases, or cases where the death penalty might be used. Because of this, he was asked to teach the same class to undergraduates majoring in accounting.

"If you could be a defense attorney, he is also an adjunct professor at the University of Idaho College of Law.

Gresback is highly idealistic, and does not hold back when expressing his philosophy. He believes that today's law students are the most privileged ones because they have been blessed with a lot of love and support.

"When lawyers in Idaho certify to handle capital cases, or cases where the death penalty might be used. Because of this, he was asked to teach the same class to undergraduates majoring in accounting.

"If you could be a defense attorney, he is also an adjunct professor at the University of Idaho College of Law.

Gresback is highly idealistic, and does not hold back when expressing his philosophy. He believes that today's law students are the most privileged ones because they have been blessed with a lot of love and support.

"When lawyers in Idaho certify to handle capital cases, or cases where the death penalty might be used. Because of this, he was asked to teach the same class to undergraduates majoring in accounting.

"If you could be a defense attorney, he is also an adjunct professor at the University of Idaho College of Law.

Gresback is highly idealistic, and does not hold back when expressing his philosophy. He believes that today's law students are the most privileged ones because they have been blessed with a lot of love and support.

"When lawyers in Idaho certify to handle capital cases, or cases where the death penalty might be used. Because of this, he was asked to teach the same class to undergraduates majoring in accounting.

"If you could be a defense attorney, he is also an adjunct professor at the University of Idaho College of Law.

Gresback is highly idealistic, and does not hold back when expressing his philosophy. He believes that today's law students are the most privileged ones because they have been blessed with a lot of love and support.

"When lawyers in Idaho certify to handle capital cases, or cases where the death penalty might be used. Because of this, he was asked to teach the same class to undergraduates majoring in accounting.

"If you could be a defense attorney, he is also an adjunct professor at the University of Idaho College of Law.

Gresback is highly idealistic, and does not hold back when expressing his philosophy. He believes that today's law students are the most privileged ones because they have been blessed with a lot of love and support.

"When lawyers in Idaho certify to handle capital cases, or cases where the death penalty might be used. Because of this, he was asked to teach the same class to undergraduates majoring in accounting.

"If you could be a defense attorney, he is also an adjunct professor at the University of Idaho College of Law.

Gresback is highly idealistic, and does not hold back when expressing his philosophy. He believes that today's law students are the most privileged ones because they have been blessed with a lot of love and support.

"When lawyers in Idaho certify to handle capital cases, or cases where the death penalty might be used. Because of this, he was asked to teach the same class to undergraduates majoring in accounting.

"If you could be a defense attorney, he is also an adjunct professor at the University of Idaho College of Law.
The Canadian dream proves an alluring call

By Alfredo Condelez
The Dallas Morning News
SAN MARCOS de ABAD, Mexico — He'll fill Dallas — a place he once worked — but not enough to return anytime soon. Migrant worker Reyes Santana has discovered Canada.

This year he'll bend wary needs to pick chill and cumber- ber. Dallas is much closer to his home in the central region of Mexico, but there are other aspects of the city that he is happy to do without: "I rather have a little more of a criminal and not knowing when I can come home," he said. Tuesday, 27, his brothers, Alejandro, 30, and Esteban, 25, and more than a dozen other men form Guatemala and Honduras — not with a tangle, a job assigned, and in the middle of a night. The men will join more than 3,000 other Mexican in Canada as part of a group working in agricultural work.

Previous efforts to work in the U.S. have left them with struggles known as "la gringa" or real, on an airplane with assigned seating and food. The men often work in opposition to the U.S. and Mexican authorities, their numbersohn migrants, and they return home at the end of the harvest season. Mexico's federal immigration department said its 2015-2016 period with Canada could serve as a model for similar programs with other countries. This program is about helping the U.S. and Mexico to work together," said Miguel Guzman Tronco of Mexico's Foreign Ministry, which helps oversee the program Canada, Mexico, 32 years old, said, "I know of no one who has signed the agreement reached by the Canadian and U.S. departments. We can see the current problems with the program a little more large with the program, which is why we need to work on some of the aspects of the program, including the unloading and handling of the Mexican-Mexico program. The Canadian program is a possible model for countries with similar immigration status. While the Canadian agricultural work program takes in a few thousand work- ers a year, the U.S. has as many as 6 million Mexican illegal immigrants. Mexico's President, Jaime Gonzalez, executive director of the Washington- based U.S. Chamber of Commerce, has welcomed the agreement. The president of Mexico,\

"It's hard in the summer time, it's difficult to find Canadians to do these jobs," Gonzalez said. "The program has been a success." For the Dallas-based coalition, the agreement would work between the United States and Mexico.

Meanwhile, on a bright weekend's out in Quebec, the Mexican community was in its annual Good Friday festival, the last day of the Easter weekend. In Ottawa, Mario Ramirez, a member of the organization for the foreign workers program, called it an "enormous success." It's one of the most important festivals of the year. But for the Mexican community, it also means a chance to celebrate their heritage and their culture.
Learning for a living

By Melissa Davis

Aygul Keyoumu has come a long way to earn her doctorate in Sweden.

Aygul is originally from Guma, the capital city of the Xinjiang Province in China. Located in the middle of the Asian continent, Xinjiang is the most isolated city in the world, located 1,800 miles from the nearest coastline.

Aygul's people, the Uighurs (pronounced "oo-gurs"), live in the Xinjiang province of China and are one of 56 ethnic groups in the country. The province, itself, also has a population of 21.5 million people. The Uighurs practice Sunni Islam and make up the majority of the 15 million Muslims in China.

"We are Muslims, but we aren't as active as others. We don't pray five times a day," Keyoumu explained. "I asked why we don't have such prayers. I told her we can when we get a bigger house."

The Uighor culture is more closely related to other Turkic cultures, such as the Kazakhs, Kyrgyz and Uzbeks. Uighors also look distinctively different from other Chinese people, with lighter hair, paler skin and rounder eyes.

"Other Chinese people say we are not Chinese but belong to the Uighurs," said Keyoumu.

The Uighor language is Turkic with Arabic characters, although the pronunciation is different than Arabic. In Xinjiang, most street signs are written in Arabic instead of Chinese. Mandarin Chinese and English are taught in school.

Aygul went to a local university there to get her passport, the Chinese officials spelled her name wrong. Now, she must spend her time way on documents.

"Our language is very different. Chinese people can't say my name," said Aygul.

Aygul and her husband moved to Sweden in 2001 so she could study at the Royal Institute of Technology in Stockholm. In September 2003, the family came to Philadelphia so Aygul's husband could complete his studies at the University of Pittsburgh. Aygul's visa didn't allow her to work, so she was forced to become a housewife — a huge lifestyle change from her career as a chemist.

"I was so bored. I needed to get out of the house," she said. Because there were no chemistry doctoral programs that appealed to Aygul in Pennsylvania, she began to look elsewhere for schools. Enrolled by other Uighors living in Moscow, she applied to the University of Idaho. Her husband still attends school in Pittsburgh, but will join them in Idaho when he completes his studies in May.

"Sometimes I think, 'Why must I study? I miss my husband. I have a good family. But I enjoy my studies. I'm happy.'"

Top: Aygul Keyoumu married in her early 20s. Uighur wedding ceremonies take place in the morning at home and include readings from the Qur'an. After the ceremony, the families of the bride and groom celebrate by throwing a party that lasts all day. "The wedding was so much fun. At the end of the day, I told my parents, 'I want to be married again,'" Aygul said. Center: Although she's thousands of miles away from home, Aygul continues to make her culture a part of her daily life by cooking Uighur food and reading her favorite "Atlas" dress. Bottom left: When Aygul moved to Idaho, she brought her two daughters, Maria, 1, and Elvirsa, 6, with her. "Being a mom and student is hard, especially without my husband," Aygul said. When her mother-in-law heard she was moving to Idaho, she refused to take Maria back to China with her to make her studies easier, but Aygul refused "I'd be lonely without my children."
Late registration

I got my first ticket (parking excluded) the other day. Apparently, I need to hurry here to renew your registration and get new tags every year. I could have thought that the $20 ticket cost me the Ross on my life, and I should have used that money to buy the books on my list. It is not the luckers anymore.

Melissa

Flying discs of death

On Friday I decided to go sit on the front lawn of the weather was really nasty. It seems I was wasting my time just sitting in the rain watching the flying discs.

After about five minutes of sitting on the grass, I noticed the Frisbee whistling over.

So to the people who like to play Frisbee, please come get it.

Remember that you're not only tying to play Frisbee, but you're also trying to prove the weakness of the President, and just remember to be courteous when you play. It looks like your Frisbee will be sitting there for all the enjoyment environment for everyone.

Tour of duty

I'm told that the university president will be visiting the White House. Wouldn't it be great that a man would walk around with medals (on either side of you while you look down at your shoes), in the kitchen and down sleeping with lots of dolls (the type).

Past presidents, like Franklin Roosevelt, used to invite students to visit the White House and this current president is no different. I'm just going to be out of the country.

A Bush on the moon

In a sign that NASA has run out of targets, President Bush plans to Monday to display a mull that will be sent to the moon.

The moon looks as if it will be a first stop toward establishing a space shuttle. The moon, of course, will be followed by the whole system, the spacecraft, and the whole trip.

The agency hopes to establish the base in 2017.

Rory

Yay for pie!

I love pie! Gage brings me pie! It's just absolutely wonderful! See, this is my favorite pie, I'm sure your editor brings you pie.

Cay

Cooolest EVER!

So they came out with cars that play music on the radio! From what I understand, the car would not move until the doors were locked. Then, if the driver when there's a spot big enough, then the doors would open and the music would automatically play. You also get to go with the doors and the car or the music or the drivers and the drivers can even do things like this. Then they think even everyone.

Cady

Editorial Policy

The opinion page is reserved as a forum for the discussion of issues involving the students, the university, and national events. Opinions are not necessarily those of the student newspapers or the National Student Association. Submitted opinions are subject to typographical and grammatical corrections by the editors. Opinions are signed by the author.

Editorials may not necessarily reflect the views of the editors of the university or the National Student Association.

OurView

Studnets: Consolidate now

OurView is a column written by students who want to express their views on the political, social, or cultural issues of their lives and the world around them. They are generally the opinion of the author and do not reflect the views of the university or the National Student Association. Opinions are signed by the content editor and the author of the piece.

Letters should focus on issues, not on positions. They should be concise, either side to side, and provide a current phone number.

If your letter is a response to a previous letter, please list the date and content of the previous letter.

If your letter is in response to a particular article, please list the title and date of publication.

Hallmark

Congratulations, Graduate!

You have a degree; you have a job; you have an education.

You owe us $59,013.22

Have a lovely day

The government

Opinion

Christianity and sexuality redefined

I am a gay Christian. I’ve struggled against my life to make these two notions cohere into a coherent theological, moral, and philosophical position. Why is it so difficult to put these two together?

The very notion of Jesus being and living a life of untouched purity seems very difficult to some Christians. Christians are very dogmatically defined, and to say the following example:

Jake Stahl

AMUI

A member of the American University of Illinois

Funeral Day

The death bell for federal education policy is ringing. Funeral Day is often a day when so many other people are moving on. President Bush signed a bill that would be beneficial for students to attend a college.

This makes sense, as the overall cost of going to college has been climbing. In this new agreement, both the federal and state governments have some support for their efforts.

The federal government will also be providing $12 billion out of the federal aid program and loans to students who attend the in-state universities.

There are only a few universities that will be able to attend this program, but also, they will need to meet some requirements, such as being in the state and having to be able to attend college.

This is a major win for college students, and a great opportunity to help college students in the future.

The Argonaut thanks President Bush for taking steps to help college students.

J.R.

Send letters to: jrobinson@iu.edu
Food Co-op Taste Fair: Loads of delicious fun

Every day at the Moscow Food Co-op is a bit different, not least because of the sample table in the produce section. On Saturday, the featured sample table multiplied, and spread its offerings throughout the store for the Ninth Annual Taste Fair.

The first thing I saw when I walked in the store was a table piled high with door prizes, and the manager, Steve, up in front, was getting ready to go. The door prize drawings, written by theアメリカ's most talented graduates, just happened to be my name. The products the food is sold for University of Idaho professors and their friends, filled my basket with all the flavors I could handle.

The prizes included a meatball, a cheese, and a beef jerky. The prizewinner, a man named Jim, was the first to draw his ticket. He was a big man, with a beard, and he was so happy to win that we all cheered for him. The second prize was a gift basket, filled with all sorts of snacks, and the third prize was a book, signed by the author.

One of the more popular tables (it was manned by a staff and all the other people behind the counter were wearing Sesame Street's logo badges) was a chocolate and dairy table. The chocolate was a chocolate-covered strawberry, and the dairy was a milkshake. The chocolate was so delicious that I couldn't resist buying a big, fat piece of it. The milkshake was so good that I had to get two cups, one for myself and one for my friend. The two of us sat down and enjoyed our treats, along with the other people who were also enjoying the taste.

The chocolate was a chocolate-covered strawberry, and the dairy was a milkshake. The chocolate was so delicious that I couldn't resist buying a big, fat piece of it. The milkshake was so good that I had to get two cups, one for myself and one for my friend. The two of us sat down and enjoyed our treats, along with the other people who were also enjoying the taste.

The chocolate was a chocolate-covered strawberry, and the dairy was a milkshake. The chocolate was so delicious that I couldn't resist buying a big, fat piece of it. The milkshake was so good that I had to get two cups, one for myself and one for my friend. The two of us sat down and enjoyed our treats, along with the other people who were also enjoying the taste.

The chocolate was a chocolate-covered strawberry, and the dairy was a milkshake. The chocolate was so delicious that I couldn't resist buying a big, fat piece of it. The milkshake was so good that I had to get two cups, one for myself and one for my friend. The two of us sat down and enjoyed our treats, along with the other people who were also enjoying the taste.

The chocolate was a chocolate-covered strawberry, and the dairy was a milkshake. The chocolate was so delicious that I couldn't resist buying a big, fat piece of it. The milkshake was so good that I had to get two cups, one for myself and one for my friend. The two of us sat down and enjoyed our treats, along with the other people who were also enjoying the taste.
**LOCAL BANDS**

Chubbs Toga tells a mystical, musical story

By Bill Hermanosn

Imagine four local guys emanated on a desert island for 100 years. They by doing, singing, playing music and writing songs. You'll be amazed when they come together, they are seated. Saved by the common bond of music.

Guitar player Noel Palmer may want people to believe that he's Chubbs Toga got together, but it's not quite the truth. In reality, the band members are put together and the music is created.

Steven Steiner has been helping Chubbs Toga with sound and playing the songs on some songs. He's also, as Palmer says, the band's unofficial fifth member.

And while the band will reveal its origin both real and imagined, the numbers aren't quite as important to him.

Chubbs Toga's next show will be at 10 p.m., Friday at John's Alley in Boise. It's a show that's been a chance to play.

For more information, call 208-342-2024.
‘Slevin’ teeters between clever and self-indulgent

By Tyler Wilson

Argus

In Lucky Number Slevin,” Jake Hartnett describes something many thought impossible: a film that is action-packed, smart, and a lot of fun to watch. This is precisely what Slevin is for Nick and high-mighty for his friend and mob boss, Charlie. Somehow fitting into this world is a lot more than just Willis, who is faced with both stories for incinerator.

It’s an action-packed, smart, and a lot of fun to watch. This is precisely what Slevin is for Nick and high-mighty for his friend and mob boss, Charlie. Somehow fitting into this world is a lot more than just Willis, who is faced with both stories for incinerator.

The movie is about Nick’s attempt to use his knowledge of the inside world to help him out of his predicament. The film is clever, but it also has a strong, cleverly done narrative arc that makes it a lot of fun to watch.

Slevin is the film’s protagonist. He is a man who is used to being in the middle of things, but he finds himself in a situation where he must use his wits to get out of it. The film is clever, but it also has a strong, cleverly done narrative arc that makes it a lot of fun to watch.

The film is clever, but it also has a strong, cleverly done narrative arc that makes it a lot of fun to watch.

Slevin is the film’s protagonist. He is a man who is used to being in the middle of things, but he finds himself in a situation where he must use his wits to get out of it. The film is clever, but it also has a strong, cleverly done narrative arc that makes it a lot of fun to watch.

The film is clever, but it also has a strong, cleverly done narrative arc that makes it a lot of fun to watch.

Slevin is the film’s protagonist. He is a man who is used to being in the middle of things, but he finds himself in a situation where he must use his wits to get out of it. The film is clever, but it also has a strong, cleverly done narrative arc that makes it a lot of fun to watch.

The film is clever, but it also has a strong, cleverly done narrative arc that makes it a lot of fun to watch.

Slevin is the film’s protagonist. He is a man who is used to being in the middle of things, but he finds himself in a situation where he must use his wits to get out of it. The film is clever, but it also has a strong, cleverly done narrative arc that makes it a lot of fun to watch.

The film is clever, but it also has a strong, cleverly done narrative arc that makes it a lot of fun to watch.
Step It Up is mental madness

By Mackenzie Stone

It's a different language, it's really fast and the class you're brought into is usually unexpected. In the university of Idaho wellness class Step It Up isn't a good weekend. For most of the hour of the Step aerobics class I found my body up and down and in between trying to keep up with the instructor and other students.

Instructor Steve Jackson warned me that I should pick up the terminology to the point or I'd be behind the rest of the class, but I had no idea what I would spend the hour trying to rack my brain over combinations of numbers, like repetitions, songs and minutes. While I ended up getting a decent workout, I think I ultimately used my brain more than my muscles.

Jackson pointed out that for someone like me, who is not an athlete, the most important thing is understanding the words and phrases that are used in Step. For instance, before class he usually made sure the students understood the terminology so we could communicate with each other during the class and have a better understanding of what was going to be coming up.

Jackson's class is a positive environment and he also points out that it is important for a student to get involved in Step as much as possible in order to get the most out of the experience. He believes that understanding the terminology is crucial for success in the class and that it is necessary to practice it before class in order to be able to follow along.

Instructor Jackson also emphasized that the class is meant to be a fun and enjoyable experience. He said that the students should feel free to move around as much as they want and to enjoy the workout.

Jackson also pointed out that Step is not just a physical activity, but also a mental challenge. He said that it is important for students to think critically and to challenge themselves in order to succeed in the class.

Finally, Jackson stressed the importance of coming to class prepared and ready to learn. He said that it is important for the students to understand the concepts and terminology in order to be successful in the class.

Overall, Jackson's class is a positive and enjoyable experience for those who are willing to put in the effort. He emphasizes the importance of understanding the terminology, being prepared, and thinking critically. He also stresses the importance of having fun and enjoying the workout.

For more information on Step It Up and other wellness classes, please contact the university's wellness center.
WELLNESS page 11

Since I'm out and thick, maybe even punch my life and how badly I may be screwing it up. Having to focus on the instructor and following instructions constantly made it difficult to relax, especially when I started seeing Dr. Smith. I had to keep my focus straight and keep going with the exercises. I'm glad I kept my focus and worked through it. I'm so glad I kept my focus on the instructor and did the exercise.

The next day my soreness was degenerative, with the high tension.