Black Cultural Week
Black Culture Week

Editor’s note: The Black Student Union’s Black Cultural Week began Sunday with a soul food dinner and featured an open house last night at the BSU. It continues through the end of this week with a Boro Theater movie tonight, free basketball Wednesday, poetry reading Thursday, and a fashion show Friday night. It ends Saturday with a 9 p.m., Stylistics Concert in the Memorial Gym. Ticket prices are $2 for students with ID cards and $3 for adults, on sale in the Student Center Monday through the week or at the door Saturday night.

Three blacks were interviewed by Reed Grammar, Argonaut reporter, concerning the week’s activities.

When was the last time you ate black eyed peas and chittlin’ or read a novel by Richard Wright? Have you ever studied W.E.B. Du Bois or read the messages of Malcolm X?

Some people may say ‘so what’ and pass these questions off with a shrug of the shoulders.

But all of these things are part of black culture and are important to Black Americans in this country and also to the blacks at the University of Idaho.

Whites, just don’t understand

So blacks feel whites should learn to understand black culture in order to help relations between the two races.

One of these is Robert Williams, a BSU member.

“The people here in Moscow aren’t necessarily prejudice they just don’t understand,” noted Williams. “The awareness of black culture is necessary here in Moscow and at the university. If the white community can understand they may begin to know what makes them prejudice and discriminate.”

Whites can get something out of this week, but how much? What can you get out of soul food except the knowledge that blacks are good cooks.”

Williams feels that after the whites understand black culture they may be able to distinguish between those who were prejudice and those who are truly prejudice.

“I think this week will have many purposes,” says Carl Robinson, another BSU member.

“Everything that is happening this week has a special meaning for me. It’s like taking me back home. It’s been a long time since I ate soul food. Bernard Rembert says there is little hope that the black and white man will live as brothers, at least not in his lifetime. For him the ability of whites to understand black culture makes little difference. Carl Robinson tends to agree with Rembert.

“Whites can get something out of this week, but how much? What can you get out of soul food except the knowledge that blacks are good cooks, he says.

According to Robinson whites are afraid of black culture. “Whites up here just don’t want to mix. They’re prejudice because they don’t understand,” he says.

“They don’t want to find the truth about blacks so they tend to be prejudice,” he said.

Whites don’t want to learn

The black man discovered things about the white man, he says, and this figure includes foreign blacks. Of all the domestic black students only four are on academic scholarships and all of these are girls.

Trying to keep the athletes happy

Robinson says it’s interesting that they are all girls. He feels even though the girls are qualified for scholarships, that they are just tokens for the black athletes. “They recruit these girls for the black athletes, because the university is trying to keep the athletes happy.”

He says the university needs a certain amount of black students to keep federal aid coming in. If the black athletes are unhappy and leave the institution would lose the funds.

“The girl are just here to keep the athletes here,” Robinson added.

He indicated not too many blacks want to go to the University of Idaho anyway.

Jerry Hall says that when he goes home and a black asks about Idaho he tells him not to come here.

“Something wrong”

“There must be something wrong,” says Hall, Washington State and Idaho are only eight miles apart but there are many more blacks there.”

Discrimination may not be limited to the student body only. The faculty at Idaho is predominantly white while the student body is one of the few schools in the country where blacks play major roles. There are only one black teacher among the whole university faculty.

“This is suppose to be a institution of learning,” says Robinson. We’re suppose to learn more about people, that’s what college is all about.”

Some feel that without black professors the students are missing something that they could gain.

“The main thing would be the interchange of ideas and the discussion,” says Hall.

Too many times when black teachers are the first they are placed in departments like sociology. According to Robinson blacks professors should be placed in all fields, not “doodling” in the social sciences. “Blacks should teach everything, even math if they are qualified,” he added.

“Not too keyed on interracial dating”

Some people feel the rising influence of black culture is changing the blacks attitude towards interracial dating also.

“I’m not too keyed up on the idea of interracial dating because of where I’m from,” Hall said. “Black east blacks from on interracial dating but things are looser on the west coast. In the east you can date white girls if it will benefit you; the blacks don’t care you’re still in their corner. Back there the blacks live close together so there are plenty of girls, but out on the west coast blacks aren’t concentrated in one place sometimes it’s hard to date black girls, then you date white girls, but my first choice is always a black kid.”

“I couldn’t talk to a white like I do to a black, I would have to relate to her distantly,” Robinson added.

“There is a language barrier sometimes, because I use terms from my culture,” Hall said.

Once in a while Hall said he will say something to a white girl then he will have to rephrase what he said so she will understand what he said.

“When she starts to understand you, and you have a relationship going, you can be yourself,” said Hall.

Idaho not like the rest
Idaho though is not like the rest of the west, according to Hall, interracial dating is frowned upon by the whites. There isn’t a great deal of interracial dating here,” he said.

“Everything we have said boils down to one thing, if your black you have to work twice as hard,” concluded Robinson.

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VARSITY CAFE

Downtown Moscow

April 11, 1972
Blood drive starts today

A competition between living groups and a goal of 500 pints are attractions of the campus blood drive being held today and tomorrow.

Open for voluntary blood donors at the SUB Ballroom from 9 a.m. to noon and from 1 p.m. to 4 p.m., the blood drive sponsored by the Recording Living group members. Linda Frei, chairman of the drive, advised people to attend early in the competition.

Qualifications for giving blood include weight of at least 110 lbs, age between 18 and 65, not having given blood for at least 8 months, and having no history of jaundice, malaria, heart disease and diabetes requiring medication, or mononucleosis within the past month.

Most allowances are allowed although a waiting period of 24 hours to two weeks follows some immunizations and vaccinations and a waiting period of six months is required after a pregnancy.

Comm Board choices listed

Pending approval of the ASUI senate, Rich Glazb, a junior at the school, will be named next semester's Argonaut editor. Glaub, a journalism major, was chosen by Communications Board at hearings which nominated four persons to head various media publications.

Linda Martin, a senior in interior design, was chosen head of the graphics art area. Craig Evans was nominated for the head photographer's position. Evans is a junior in agricultural economics.

Jackie Hodesfield, a junior in journalism, was nominated as the board's choice for Gaz editor. Earlier in the week Comm Board selected John Foley, a junior in Radio-TV, as calendar editor.

The board's nominations are subject to final approval by the senate within two weeks.

All media heads except the Argonaut editor will assume their duties in June. The Argonaut editor will serve for one semester beginning next semester.

THE SOUND OF THE SILENTS

STUDENT COLLEGE presents a special program on the Majestic Kenworthy Theater. ISBN was donated to the University of Idaho in 1936 by Mr. Kenworthy. Paul Amund produced this student program.
Letters

More needed

Cooperative Child Care Center operating

Dear Sir:

After successfully operating our Cooperative Child Care center for seven months, we would like to offer the benefit of our group's experience to others. We have been able to achieve our three goals with a minimum of expense. (1) We have provided parents with free time during the day. (2) We have provided growth and learning experiences in a group atmosphere for our children. (3) We have furthered our own knowledge of child development and group interaction.

Part of our success can be attributed to the flexibility all of us have had to develop to solve our problems. We now feel ourselves to be in a position to offer our help to others interested in starting a similar operation.

In our opinion, the coop is an example of what groups can do to meet needs not fulfilled by the community — without much money, without government funds and without waiting for social institutions to provide them. Moscow rates a low priority on government waiting lists even though the city definitely needs more low-cost day care facilities.

Our group of 26 families operates five days a week, 9 a.m. to 3 p.m., in the Trinity Baptist Church. Expenses are shared and met by dues. One parent from each family works a three-day duty period per week. Others could tailor schedules to other needs.

Anyone interested in learning more about the formation of a similar day care center may contact one of the cooperative members listed below.

Sincerely,
Kathy Kearney — 882-2776
Judy Chapman — 882-0719
Kathie Nagon — 882-4017
Marge Sullivan — 882-7055

UCLA cagers to join UI team?

There are rumors going around campus that several of the UCLA varsity basketball players are transferring to the U. of I. It seems as if Bill Walton and the gang have been trying to boost the 1971-72 Vandal basketball record. These same rumors also speculate that under the mentorship of Coach Wayne Anderson the Vandals can expect no better than a 3rd place finish in the Big Sky.

Dick Roberts

Park Village matter not dropped

The last issue of the Argonaut carries a story about the Juntura Committee which contained two important errors. The first concerned our action about the Park Village Housing Inquiry by two members of the committee revealed that after the Board of Regents had given authorization to tear down Park Village Housing, the flood conditions caused the area to be declared a disaster area, and funds became available to replace the wiring which had been rendered unuseable (because hazardous) by the flood. An appeal to the Administration to reverse its decision in light of the new facts (financial aid in renovating the units) was rejected by Vice President Richardson. The Committee decided this route of appeal for reconsideration was hopeless, and therefore decided to appeal to President Hartung. Our appeal for reconsideration was favorably received and President Hartung has arranged for an independent investigation of Park Village Housing. The matter has very definitely not been ignored by Juntura Committee, as the Argonaut said.

Second, the discussion of a policy recommendation relative to Afro-American Studies, the Argonaut did not include the information that a proposal to faculty council to urge the administration to hire more minority faculty and make more women considered. However, it was decided that this proposal was inappropriate in the context of a recommendation on Afro-American Studies, and such recommendations to the council would be forthcoming in the form of separate recommendations.

Juntura Committee

Editorial

Though it may be for fear of sounding too backwoods or a little uncultured, a word or two should be said about the students in relation to the visit of the Honorable Mashologu from Lesotho. We all know it's unusual for an ambassador to make an official visit to Idaho, of all places, and we're all impressed by some aspect of the visit. It is the hope, however, of the Argonaut staff and editor, that the ambassador will not be shielded from the students who are paying him here.

Formality is traditionally one of those uncomfortable aspects of international politics but it seems despite tradition that the ambassador should be given a full view of the university. After all, he surely didn't agree to come to Idaho so he could receive our variation of international protocol.

It is hoped that the ambassador from Lesotho will be afforded a few informal moments to speak with plain old students about plain old Idaho without the formal trimmings.

— Fulliner
**Black guest speaker seeks “human rights”**

by Libby Matthews

The most amazing aspect of Rosetta McCrackin, professor of sociology at Seattle Central Community College, is her humanitarianism. She is black but does not speak to blacks about “identity crisis” nor does she speak to whites about the “guilt” they should have. Instead she meets all on an equal plane and speaks of human needs and human rights.

McCrakin, speaking to several classes during Black Culture Week, is primarily concerned with getting people to think. Her main contention is that schools don’t always educate students to think but instead program them into believing what the educators want them to believe. “We as people, have to go out and read several books to get the truth. The truth is there if we go and look for it,” she said.

As an example of how we are uneducated McCrackin used Garrett Morgan. Morgan was the black man who invented stop signs. Stop signs are very much related to automobiles but we learn of Ford but not of Morgan in our history classes.

According to McCrackin, if we begin to educate ourselves into the truth about American history, there would be no need for black culture week or any other culture week.

“We are in culture and helping culture year around. We (blacks) should be given credit year around,” she said.

McCrakin expressed support of busing because “it is all we can do right now for there is no alternative.” She suggested that the blacks might have schools on Saturday or Sunday to help them find and keep their black identity.

Speaking on the political scene, McCrackin said Shirley Chisholm, a black woman, running for the presidency, doesn’t have a chance but “someone has to start.”

McCrakin expressed a dislike for Nixon but said “Nixon in a way was the best thing for the blacks because he made us realize the need for a united front.”

In Seattle McCrackin is conducting a class in political awareness that is trying to insure that blacks have delegates in both parties. Hopefully, these delegates will have enough power to tell and not ask for certain things from the two political parties.

McCrakin concluded by saying “If people start thinking they will realize we all came from the common black ancestor in the cradle of civilization, Africa, and we all have human needs and all should have human rights.”

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**Democratic district caucus**

April 7 at 9 p.m. in the Latah County Courthouse the Latah Democrats will hold their district 3 legislative caucus.

This caucus will select delegates to the State convention and vote for their choice for the democratic presidential nomination.

The Democratic party has enacted new procedures to govern these caucuses. All people of voting age who sign a pledge of their party affiliation are eligible to vote and participate in the caucus.

**ASUI Attorney General’s Office**

The Attorney General’s Office is divided into several sub-divisions, each having its own staff, organization, and function. The sub-divisions are Consumer Affairs Division, Student Legal Services and Justice and Administrative Division.

The Consumer Affairs Division is actually an extension of the State Attorney General’s office. It acts as the regional office for consumer protection and is not limited to student use. Its area of responsibility is all of Northern Idaho.

Although it is placed under the supervision and control of the ASUI Attorney General, it is also answerable to the State Attorney General’s office in Boise. Its purpose and function, speaking generally, is to educate the consumer as to his legal rights and remedies, investigate and handle claims of consumers as to fraud or other illegal activity by a merchant, and, if necessary, to initiate legal action against such merchants. John Thornton is the head of this division.

The purpose and function of the Student Legal Services Division is to make available to the student legal advice and service with special emphasis on the legal problems that are peculiar to the student. This type of service and advice covers very broad areas from draft counseling to advising the student on how to get his dog out of the dog pound. At present, this service is limited to students, and all that can be given is advice. However, in the future there are plans for making this an effective form of legal aid where the student may actually obtain legal representation. Dave Savage is the head of this division.

The purpose and function of the Justice and Administration Division is to act as the judicial portion of student government. One of the specific functions of this division is to carry out the judicial relationship and organization between the University and the student or student body. All judicial matters, particularly of a disciplinary nature will be handled by this division. Rick Cole serves as the head of this division.

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Mon.-Tues.Wed. April 10-11-12

Sundaes
11 Great Flavors

5 for $1.00 or 20¢ each

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**MID-SEASON SALE**

5 Big Days—Tuesday thru Saturday

_Ladies Ready-To-Wear_

Entire Stock Spring Dress Coats .......... 1/3 off
Group of New Spring Dresses ............. 1/3 off
Group of New Spring Suits ................ 1/3 off
Ladies Pant Suits ..................................... 1/3 off

**Sportswear Sale**

Tops
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Jamaicas
Skirts

1/3 OFF

**Men’s Department**

Men’s Doubleknit Suits:
Reg. $90.00 ............................................ Sale $66.00

13 Men’s Suits:
Reg. $65.00 to $110.00 ......................... 1/2 price & less

Men’s Doubleknit Sport Coats:
Reg. $40.00 to $80.00 ......................... Sale $34.00 to $68.00

15 Men’s Sport Coats:
Reg. $45.00 to $75.00 ......................... Sale 1/2 price & less

Men’s Doubleknit Flare Slacks:
SPECIAL ............................................. $7.99

Men’s Plain Color and Fancy Pattern
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Men’s Long Sleeve Doubleknit Dress Shirts:
SPECIAL ............................................. $5.99

Men’s Briefs and T-Shirts:
Briefs ................................................. Special
T-Shirts .............................................. Special

Men’s Socks:
White Crews: Reg. $1.00 ....................... Sale 59¢
Colored Orlon: Reg. $1.00 .................... Sale 79¢
Colored Orlon: Reg. $1.50 .................... Sale 99¢

Men’s Sport Shirts:
Reg. $7.00 to $11.00 ......................... Sale $5.99 to $9.29

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**ARCTIC CIRCLE DRIVE IN**

Mon.-Tues.Wed.
April 10-11-12

Sundae
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5 for $1.00 or 20¢ each

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Reg. $7.00 to $11.00 ......................... Sale $5.99 to $9.29

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Black Cultural Week

Style show set for Friday

A fashion-talent show featuring U of I black students displaying the new look in campus dress for spring will be Friday night's event during Black Cultural Week.

The show will be at 7:30 p.m. in St. Augustine's Center. Eight male and female models will display clothing from four local stores.

Three part Program

The show, said Gwen Stewart, its coordinator, will be given in three parts. These will be sportswear, evening wear, and lounging and hostess attire. Clothing will be provided by Creighton's, David's, Robans, and Gregson's. A few of the models will be wearing togas and dishikies provided from their own wardrobes.

Talent presentations will be given between the three sections, said Stewart. Not all of the talent has been lined up yet, she said, but presentations will include a vocal solo by Debbie Williams, a dance presentation by four BSU sisters, the reading of a poem written by Jay Wheeler and the singing of the Black National Anthem.

Nightclub Atmosphere

Those attending the show are asked to not wear grubby attire. The atmosphere, said Stewart, will be similar to that of a nightclub. She suggested that men wear ties and that women wear dresses or pantsuits.

A record hop will follow the show. Loren Dantler and Jerry Hall will be disc jockeys for the hop which will include soul as well as other contemporary songs.

Admission for the event is fifty cents.

Faculty creates a committee; hears budget outlook, cutbacks

The general faculty listened to budget cutbacks and approved the formation of a new standing committee, the Academic Placement Board at its Monday meeting.

The function of this board will be to hear appeals from students on academic matters including eligibility for advanced placement, maintenance of objectivity and fairness in assignments.

In a budget outlook report he gave at the end of the meeting, President Hartung stated "It is the worst I have seen in my experience here. And I don't see any tremendous hope for improvement for next year."

Due to the lack of funds, Hartung announced the deletion of the University Office of Planning and the University Office of Institutional Research.

He also reported a personnel cutback in the Alumniae Office, Public Relations Office and in employment of administrative secretaries.

He said "We plan to try and hold the line. We are thinking about holding enrollments or dropping them back. We will not fill any new positions or vacancies except in special incidences. We have done everything we can to protect the academic integrity."

Teacher-judging program formed

PRINCETON, N.J. — A new program that allows students to evaluate the performance of their teachers has been developed by Educational Testing Service (ETS).

Besides allowing students a chance to express their views anonymously about courses and teachers, it also gives instructors' an objective way to monitor their own performance and progress.

Improving instruction

Called the Student Instructional Report (SIR), the program is an effort to improve instruction based on responses to an ETS-designed questionnaire supplied to students by the colleges themselves.

The questionnaire was developed by ETS researchers with the aid of college faculty members and students. It is composed of questions about specific teaching practices and more general topics including such queries as:

— Did the instructor encourage students to think for themselves?
— Were the course objectives made clear?
— How much effort did students put into the course?
— Were students informed of how they would be evaluated?

Expected grades

The ETS questionnaire also includes questions about a student's reasons for taking the course and the grade he expects to receive. In addition, an instructor is free to include questions of his own to learn more about factors unique to his particular class. The questionnaire results are reported for each class as a group, not for individual students.

Mountain Sports

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Udisco Pack & Frames and Tents, Universal Pack & Frames, Hiking & Climbing Boots, S.M.C. Climbing Hardware, Pitons, etc.

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Open 1:00 to 5:30 Daily

Closed Sat. & Sun.
Big Don brings out the boys

Coach Don Robbins announced that the Idaho Vandals would hold their spring drills April 4-26 with the spring football game to be played at Adams Field, Clarkston, Wash., on the evening of April 28. The game will be co-sponsored by the Lewis-Clark Boys Club and the Idaho Athletic Department.

Robbins said that he expected more than 60 candidates to report for the spring drills. However, he will be short four starters, including two sophomores, who are playing baseball. The baseball players are Steve Hunter, all-American candidate for safety and the nation's 10th leading punter last year, and Rick Simmons, all-star defensive end, both starters last year; Alan Head, who started some games as a wide receiver, and Mike Clemmons, a defensive back.

Ralph Sietzinger, starting linebacker, will also miss spring drills as he is recovering from a broken leg, suffered in an automobile accident.

Robbins was cautiously optimistic about the Vandals team as he lost only three offensive starters and three defensive from last year's championship team. "We have lost some players in Ron Linehan, Bill Cady, Andy Kopp, Steve Barker, Rich Kuslwan, Jack Goddard, Tom Jarman and Fred Riley. At this time it looks like the toughest spot to fill will be Barker's position at nose guard," Robbins said.

The Vandals will have Rick Siegfried, qb; Bernie Rembert, rb; Randy Peterson, rb; and Jerry Hall, fl, returning in the offensive backfield which will also be bolstered by the return of quarterback Bucky Bruns, who was red-shirted last year.

Up front will be veterans Ken Muhlbier at center, Dave Cranich at guard, Larry Warren and Larry Bauna at tackle and Bill Burchfield at tight end. In addition, there will be letterman like Tom Doud, de; Fred Morschneek, lb; Alan Vance, de; Lloyd Grinnard, dt; Bob Van Dyne, of; Jim Welch, te; and Mark Busch, dt. All of these players saw plenty of action and many started at one time during the season. Jay Curcio and Kevin Ault, as wide receivers, are other veterans who saw plenty of action last year.

Defensively the Vandals will have Rick Simmons as defensive end; Mike Newell at defensive tackle; Randy Marquess, All-American candidate at linebacker; and Rod Maynard, Kelly Courage, Randy Hall, Ross Nelson, and Hunter in the defensive backfield along with Clemments. The Vandals have seven junior college transfers who should also be making strong bids for starting positions. They include Randy Ammerman from Yakima Valley Junior College, rb; Darrell Dutton, Columbia Basin College, fb; Kevin Wolse, Treasure Valley, dt; Craig Pritchard, Spokane Falls, og; Jerry Sinclair, Treasure Valley, ot; Scott Manson, Columbia Basin, og; and Joe Feehan, Diablo Valley, de.

Sinclair and Pritchard are the newest junior college transfers to enter Idaho and Robbins feels that they could be making a strong bid for starting positions.

Robbins also is pleased with several of the freshman who will be joining the varsity for spring drills. "These fine athletes show that they have plenty of talent and if some don't make the grade as starters in their first year, I feel they will be pushing for positions and will give the team some good depth at several positions," Robbins said.

Some of the freshman who are making bids for the varsity include Brian Jacobsen, dt; Rich Brown, rb; Ross Goddars, qb; Rich of graduating co-captain Jack; Kirk Dennis, wide receiver; Carl Rana, og; Ben Everson, de; Jerry Secrest, of; Curt Parsons, db; Jon Riordan, db; Dave Horsby, dt; Nick Nead, de; Dick Barancio, rb; and Jim Ranier, db. Steve Tanner, incoming sophomore from Bonners Ferry, is expected to make a bid for a specialist position with his side-winding place kicking.

Robbins also added that he was highly pleased with the job the staff had done with the off-season weight problem and the new members Tom Roth, who will handle the defensive secondary, and George Iyer, who will coach the defensive line, have added much to the program. Ray Fulton will be the defensive coordinator and Bob Thompson the offensive coordinator. Don Matthews will be the offensive line coach and Ed Tread, who is head track coach, will join the staff in the fall, working with the freshman and offensive backs.

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1968 Volks fastback. Radio, extra tires, good condition. 882-7577 after 8:00.


1971 Yamaha 250cc, only 1300 miles. Excellent condition. Call 882-1846.


1965 Oldsmobile 98, brakes, new valves, new battery, nice shape, runs well $165 882-0648 evenings.

FOR SALE: 350 Honda CL, Excellent Condition, call Don Mitchell, 888-7178.

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Found: 1 pair women's glasses, found near Physical Plant Friday. Claim in room 308 UCC—Student Counseling Center.

Apartment for rent, furnished. 1 1/2 bedrooms, pets allowed. 222 East D apt. 14. Call 882-0644.

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Protein seekers, unite!

Reprinted from "The Peak," Simon Fraser University, Vancouver, B.C.

by The Chillo Kid

All meat freaks out there, bark: you have reason to rejoice. If you are concerned about ecological limits-food shortages there is a double reason to rejoice. If you are a cook open to new ideas, triple reason. If you are all of the above and a lover of good books too you will be glad to hear of an alphabetical book containing information with integrity.

Diet For A Small Planet has been out in the United States for about six months now.

Here is a book without the usual one-shot half-baked hare brain scheme to slim your waist, sharpen your teeth and straighten your teeth. This is a book with enough honesty to say on the first page that "the concepts in this book are no final solution." But as it says on the same page "they represent a giant step in the right direction."

So what does the book say? Ms. Lappe has a fairly simple message, basically.

You need a certain amount of protein, and it must be supplemented with at least two of the essential amino acids. OK. But production of protein can be very expensive and wasteful process. In fact it is. But there are several ways we could lower the cost of protein production and waste less of it. You can cut a complete protein diet without participating in these luxurious (read selfish-imperialist) methods.

What is selfish, luxurious or imperialistic about eating meat (meat is the most expensive type of protein production)? You will recall that cattle have about a ten percent efficiency ratio in terms of total food put in and total food obtained. Well the protein part of this ratio is even worse, on the order of 6 percent of protein eaten by cows is returned to people. Now cows and other grazers use up about one-half of the world’s agricultural lands. Admittedly, some of this land is not suitable for anything but grazing, but large amounts of it are. When vegetables are grown, more protein per acre can be obtained — corn produces five times more, legumes 10 times more, and for an outlandish but true example, spinach can produce twice as much protein than cattle per acre.

Besides the land used up by livestock which could produce more protein, they eat huge amounts of grains grown on the remainder of the land. The one billion people developed countries use about the same amount of grains for food as the remaining two billion people use as food. And then what do you, as consumer, get for your high priced meat? Since cattle are near the top of the food chain, you get the accumulated toxins of all the pesticides and herbicides they ate. They take 95 percent of the protein, but they pass on most of the poisons. In meat, fish and poultry the average does not and related compounds .228 parts per million, and in cereals and grains it is .008 parts per million.

Diet For A Small Planet makes the case in a more complete and maybe coherent case. But it makes another point. The complete protein is lacking in individual plants. But if they are eaten in combination, that is, if we get complete set of aminos, dinners every bit as nutritious as meat, or better, can be had. They are also cheaper and less poisonous, so Ms. Lappe has been kind enough to provide her readers with lists of complementing foods and recipes.

What’s happening

Life’s little miseries

Life can be tough enough as it is; most of the time. But there are those little things we really push on the edge of our patience. What I mean, is those little defeats and irritations that a person can suffer daily, that take the shine right off the apple. The really irritating thing is that they are usually so small that we don’t have the time to work up a healthy hate for them. We can’t hate them outright, but we have to hate them in retrospect: It’s like thinking of that really snappy come-back about an hour after some jerk put you down.

It’s time to expose those nasty little defeats. I’ve assembled a partial list, after diligent research into the problem, and now print them for your information. To be forewarned is to be forearmed.

— Those nifty little individual packets of catup, mustard, and mayonnaise. Either you don’t tear off enough or too much and end up licking off your fingers, wiping it off your shirt, and facing the problem of disposal of the bloody little carcasses, often in an ashtray.

— Sitting down at a table after someone has filled an ashtray with gooy remains of the above.

— At drive-ins, they never bring you enough of the little monsters to even paste down a postage stamp and they want 2 cents for any extras.

— Putting your last dime in the coke machine and watching that tourist down your drink down the drain when the cup doesn’t drop.

— Running out of cigarettes at 2:00 a.m. in the morning.

— Running out of matches at 3:00 a.m. in the morning.

— Having to bum a cigarette from a stingy acquaintance and discovering that they smoke Bel-Airs.

— Asking for a cigarette from a righteous, “I just gave them up” former chain smoker.

— After four days of seeing deans, etc., discovering that you need one more signature.

— Trying to get anything out of the Payroll Office.

— Standing in line in the rain for two hours to see the really great movie, getting within five people of the box-office, and having the manager announce that they’re filled up.

— Pulling the tab off a tab-top can without the tab.

— Lacerating your hand on a non-twist top bottle after several boozey hours of twisting.

— Filling up at a U-Serve gas station and driving off leaving your gas cap on the pump.

— Tea bags in ashtrays.

— Finding the only empty table in the SUB during the lunch rush and trying to find a place to put the tray full of dead salads and other garbage left by the previous occupant.

— Challenging and losing five games in a row on the pool table to the same opponent (x) and when you finally win the sixth game, having them say, “Gee, thanks for the games,” and leave.

— Having the class you’re always late for on the top floor of any campus building.

— Sitting in a theatre and wondering which someone near you stepped in the doggy dirt.

— Discovering too late that there was only one sheet of toilet paper in the dispenser.

— Shampooing with Ben-Gay.

— Brushing your teeth with Bryl-Kreem.

— Sleeping on your ear wrong.

— Breaking your neck getting out of the tub to answer the phone only to hear the “click” on the other end when you pick it up.

— Having “gas” in church, the theatre, at the quiet dinner party, etc.

— Sitting next to someone who has the above.

— Dropping your comb, hairbrush, toothbrush, the shampoo, etc., in the toilet.

— Trying to correct a typing error in a term paper after having taken the sheet out of the machine and, upon re-inserting, not being able to line the damn letters up. And it goes on. The list is so means exhaustive, but you get the point. If any of you have any additions or corrections, send ’em on to me and we’ll further our research.

Music events on campus

John Ford’s Comic Opera Theatre introduces the "Barber of Seville" presentation at 7 p.m. Sunday, April 16, in the university’s Memorial Gymnasium. Please note the time of the production is 7 p.m. instead of the usual 8 p.m.

Karen J. Gunther senior music major will give her senior clarinet recital at 8 p.m. Thursday at the Music Building Recital Hall.

Music on her program ranges from Mozart’s "Divertimento No. 1" for two clarinets, bassoons, and horns to Hindemith’s "Sonata." Works by Debussy and Stravinsky are also included.

Darrel C. Dyer, a graduate assistant in music, will give a senior saxophone recital at 8 p.m. tonight at the Music Building Recital Hall.

Three contemporary works written especially for French saxophone virtuoso Marcel Mule will be included on his program. Also included are a sonata for alto saxophone and piano written by Paul Creston, composer in residence at Central Washington State University, and a saxophone quartet by JeanFrancaix.

Soprano Ruby A. Renzea, senior voice major and a recent semi-finalist in the Metropolitan Opera auditions, will give her senior recital at 8 p.m. tonight, at the Music Building Recital Hall.

Major works on her program are "Sinfonia "d’Elle" by Berlioz, selected German arias by Handel and "Hermit Songs" by the contemporary composer Samuel Barber.

A recital of 20th century chamber music, directed by graduate student James P. Harrer, Moscow, will be given at 8 p.m. Wednesday at the Music Building Recital Hall.

"Two of the four works on the program were also written by Harrer, a music composition major. The pieces are "Music for a Great American Painting," which introduces pre-recorded tape material with the instruments, and "Interaction IV," which is completely improvisation."

As in all recital, Harrer will offer brief explanations before the performance of each piece.

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Speaker: Virgil Goodwin

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