Margaret Donaldson

Raise your right hand and say, "I am an inverse." Repeat this phrase several times and you have just accomplished the first step in becoming diverse.

The only way to become diverse is by admitting to the fact that you are not diverse," said Mohammed Bilal from MTV's "The Real World.

Bilal inspired cultural diversity in a small fraction of University of Idaho students Tuesday night at the Student Union Ballroom. About 35 students attended.

Diversity is the state of not being diverse and it is a difficult problem to cure, but Bilal has come up with a 12-step process called "Inverse Anonymous" to help anyone become more diverse.

Bilal began his presentation with a quote which pointed out that we all come from the same genetic pool originating somewhere in Africa. He explained that we often ignore our common origins, which causes us to be inverse.

Bilal guided the audience through his stages for becoming less diverse, beginning with admitting to it out loud together. He then explained all 12 steps, using personal experiences to help make his points.

He began his own diversity struggle by studying his family's background.

"I grew up learning that white people are the enemy," said Bilal, who is African American. But digging into his family's history, he discovered he is descended from the people he considered to be the enemy.

One of his ancestors was a southern plantation owner who fell in love with and married a slave. Bilal found out that this man became a fighter for the freedom of slaves.

He also found that he is descended from Native Americans, and he wants to learn more about his tribe's culture.

"Find out what cultures make you up," he encouraged.

Bilal also instructed students to look for the similarities between themselves and others rather than the differences, and to try not to judge people initially. When you judge initially, Bilal said, "you lose the opportunity to know the person.

Diversity can come from experiencing new things. "Cultural diversity is about opening your mind up," Bilal said. "Get somewhere you can enrich yourself."

One of the final steps in reaching diversity is learning the difference between prejudice and dislikes. It is important to push your prejudice aside and get to know a person, even if you decide whether you like them or not.

After introducing the 12 steps to diversity, Bilal read some of his poems to the audience. As he read, he inspired sadness, laughter and shock in the audience with topics ranging from death to sex.

"I think I was a poet my whole life," he said. He wrote his first poem at age 12 when his great-aunt died. His poems will be published and available in stores about a year from now.

Bilal said this is his first time in Idaho and he didn't have any preconceived ideas about the state except potatoes.

"I went to the restaurant and they said, 'We have three different kinds of potatoes',' he said.

Bilal has always been curious about diversity, culture and racism and he finds differences exciting. Diversity strengthens the gene pool, and he added that people who interbreed die out. "Diversity is what keeps us alive," he said.

Erin Siemers

Mohammed Bilal discussed accepting differences in each other with students Tuesday in the SUB Ballroom.

The proposed change concerning international admission requirements to the University of Idaho was approved by Faculty Council Tuesday afternoon.

Previously, "the only way international students can prove they have the language ability to succeed in the university is to complete the Test of English as a Foreign Language," said Linda Houts-Smith of UI's American Language and Culture Program.

She added, "We would like successful completion of Level 5 in our program to be as equally acceptable as a 525 on the TOEFL.

The council agreed to waive the TOEFL requirement in lieu of successfully completing Level 5 in UI's ALCP.

"Because the students are all ready here in Idaho, a recommendation from our instructors will actually tell you more than the TOEFL exam," Smith said.

The TOEFL doesn't cover speaking or writing abilities. The ALCP offers an intensive language study for foreign students with a minimum of 20 hours a week dedicated to learning English.

The ALCP also offers the extra advantage of the instructors personally knowing each student. This gives insight into whether or not a particular student is academically prepared to come to UI.

"It seems to me, the point is that we probably more ready to be students at the five level given through ALCP than taking the TOEFL," council member Lois Blackburn said.

Level 5 addresses the "subtleties of language."
Robert Hall

After seven years of buying and selling stocks, a student investment group has more than doubled its portfolio value. Some of these profits can now be used to offer scholarships to students in the College of Business and Economics.

In 1988, University of Idaho alumni A.D. Davis and his brother J.E., owners of the Wine-Divine gourmet store chain, gave a gift of $200,000 to the university to start an investment program. Now known as the Davis Investment Program, the gift has grown to more than $431,000.

The group is composed of students who created the method of managing their portfolio which is still being followed today.

Small groups are formed to study different segments of business. These groups then identify possible investment opportunities based on that research. These groups come together and vote on whether or not to buy a particular stock.

Andrea Higgins, a junior majoring in finance, will take over as portfolio manager next year. "Personally, I'm not a cautious investor," she said, "but I want to keep the funds' track record good."

Bill Gilbert, a senior in finance, is the current fund manager.

"The first purpose of the program is to educate students, in a way that can't be accomplished in the classroom. The second purpose is to make money," Gilbert said.

According to Shannon-Loehman, a national investment firm, this is a great accomplishment.

"Any time you double your money at that level of investment, it's a very good thing. Accomplishing the double in seven years is very respectable," said Tom O'Neal, vice president of the firm in Federal Way, Wash.

Bryan Dangerfield, dean of the College of Business and Economics, said $5,000 of the realized profits will be granted as scholarships this spring. The $750 of student scholarships will be gifted to freshmen and transfer students with an interest in the college.

"This is an opportunity to provide assistance to a group of students we haven't been able to serve in the past," Dangerfield said.

He expects another $5,000 to be available for scholarships next year, depending "on the ups and downs of the stock market."

"I remember reading about the program in the newspaper when I was a sophomore," Higgins said. "I knew it was something I wanted to do, so I came to UI and joined the group my sophomore year."

Steve Meyer, an investor for a Seattle firm said, "It sounds like such a fine opportunity for students. Any time you work with other people to achieve a common goal, it's worth working hard for. The special example in that the students are not only doing a fine job, they are helping others with their education."

"The Davis Student Investment Fund is not just for business students. It is open to all UI students wanting to learn more about researching and investing in the stock market."

MICRON

From Page A1

Micron offers substantial compensation packages for their employees, part of which includes relocation.

Individuals at Micron come from diverse backgrounds. Past employees have majored in public relations, social sciences, law, statistics and accounting. Rumold said the common major from college campuses is engineering.

Depending on background and position availability, college graduates and interns may work in a variety of departments, including fabrication process, assembly, test/proof product engineering, quality assurance and administration.

While best known for their service to the computer industry, Micron also has customers in telecommunications, office automation, data processing and graphics. Recently, the Nampa branch of Micron received publicity for winning several awards for computers.

Meetings such as these with Micron representatives are held once each fall and spring.

TOEFL

From Page A1

The students must be able to read and write essays, as well as "be able to follow native-speaker lectures on a range of topics."

"Adoption of the proposed changes will both validate the strong effort by ALCP and provide added incentive for foreign student consideration of the University of Idaho as a place for study," Westley Chase, Admissions Committee chair, said in the proposal to the council.

In addition, "Adoption of the proposal will reinforce the university's drive for cultural awareness and diversity as well as provide an additional source of new applicants."

The ALCP's request is only a substitute for the TOEFL requirement. It is not a guarantee of admission into the university. Other factors, including grade point average, are also included in the consideration of entrance into UI.

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Cheese, a popular gourmet food option, is being marketed as an energetic, entrepreneurial student for the promotion of cheese at the event. Several organizations have offered to provide a variety of cheeses, both local and international, for the event.

The event will feature a variety of local and national cheeses, as well as a cheese tasting competition. The event is open to the public and will be held from 5 to 7 p.m. on the 20th of November.

The purpose of the event is to promote the consumption of cheese and to raise awareness about the health benefits of cheese consumption. The event will be held at the school's student center, which is located on the campus of the university.

The event is open to the public and is free to attend.

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Off-campus students to meet Monday

Andrew White

ASUI Senators Brian Tenney and Jennifer Gish are trying to involve the off-campus community of the University of Idaho. Tenney and Gish will be holding a meeting at 7 p.m. Monday to discuss the concerns of off-campus students. The meeting will be held in the Student Union Vandal Lounge.

"I'd like to see off-campus students get involved in their student government," Gish said. Gish and Tenney both live off campus and represent the off-campus community to the ASUI.

Off-campus students should come to the meeting prepared to discuss any questions or concerns they have regarding any aspect of UI. "We'd like to get a lot of off-campus students to come to the meeting, because there are a lot of ways they can get involved and help make this university a better place — both academically and socially," Tenney said.

Tenney said the positions are open pending appointment by ASUI President Jim Dalton. Off-campus students will be able to obtain the necessary information on how to get involved in the ASUI at the Monday meeting.

Tiananmen Square leader speaks on China

Candice Long

The 1997 Borah Foundation Symposium kicked off the first of three sessions, "China After Tiananmen," with speakers Li Lu, one of the student leaders during the Tiananmen Square demonstrations, and University of Idaho President Robert Hoover, a scholar in the field of international relations and education.

The focus of this year's symposium is "China in Transition," Lu, introduced by President Hoover as "a man who has a deep and abiding commitment to China's future," spoke on topics including his experience in Tiananmen Square, why students became involved in the demonstrations, the consequences of the demonstrations, and what has happened in China since that time in the areas of human rights and the democracy movement.

"It's all in the process of training a new generation to be the drivers of the country," Lu said. "We need to build a society that serves as a buffer between state and individual.

Every year the Borah Foundation, comprised of UI students, faculty, and visitors, discusses a theme that will promote and contribute to world peace. China was chosen as the focus of events because of its rapid economic growth and its potential for major influences on the world economy.

The Borah Foundation's mission is to continue the work of U.S. Sen. William Edgar Borah, a major proponent of the Pact of Paris or often referred to as the Kellogg-Briand Peace Pact signed by most nations of the world in 1928.

The Borah Foundation was officially inaugurated at UI in 1931 by Borah himself, along with Dr. Manley Hudson, professor of international law at Harvard University.

The second session, "China's Economy" will be held on March 3 in the Administration Auditorium. Key speakers will include Nicholas Lardy, a senior fellow of the Brookings Institution who is an internationally recognized expert on the economy and Douglas Van, the principle member of Douglas Van Associates, Ltd., of Hong Kong, an investment consulting and management company specializing in cross-border growth.

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Big West, or big mess?

One of the finer jobs I've discovered in life is cleaning the Kibbie Dome after the sporting events. (No, I am not serving mandatory community service hours.) This is not an easy task, mind you, and it's rather humbling, at that.

A dedicated group of us, (OK, so we're actually just trying to make some money), gather after the games and set about cleaning up the mess that a couple thousand people have left in the stands, on the floors and in the restrooms.

I am not going to lie to you, there are some many people in this community. They make no effort whatsoever to conceal that fact, either.

Not a cleaning goes by that I don't find a beyond-soiled diaper or two in the stands. In the heat of the game, (not 20 paces from the restroom), somebody feels the need to lay their baby on the bleachers, expose everybody else to what the little creature has "passed," change the diaper, and throw the dirty one on the floor. What is this? Have we ever heard of decency! Of course, that would be asking a great deal for those people to get up during a game to take care of something so personal.

I know our Vandals put on some exciting games, but I'm going to go out on a limb here when I say there is no need for every single person in the Dome to dump over their pop when they jump up. Let's do what Mom used to do at the table - put it somewhere where it won't get knocked over. What a concept.

I realize going to a game is an entertaining evolution and nobody is paying much attention to their table manners. I don't have a problem with that, they are games after all. I for one always get that urge to take all of the appetizing cold food left over from the main course and smear it all over the floor and the seats around me. When I leave, I put forth a little extra effort to step it up too, so I can track it for a good 300 feet before the cheese turns back into powder and no longer leaves a trail.

There are some damned talented fans out there, as well. You might seriously look into careers in rejected-food design. I am especially fond of what McDonald's remains can do. The ketchup covered pickles make great eyes for a face. A soggy fry can be both the eyebrows and the mouth. Might the to Fatter...

* SEE MESS PAGE A6

Paul Big West

Who Knows?

Effie McDonald

Complaints are typically a dime a dozen at any newspaper, while compliments are as hard to find as the readers who haven't yet had their fill of the O.J. trial.

Compliment-fishers, get ready. O.J. junkies, go soak your heads.

University of Idaho Professor Sharon Tetley, who cert-

Uninfluenced by the over-the-

However...

While the university is perceived as being a center for excellence in research,...
Fund teachers, not prisoners

The governor of Idaho has recently announced that the school system in Idaho will receive little or no increase in their budgets, while the funding for the prison system will increase 18 percent. Gov. Batt is correct to reflect their financial priorities.

Susan Vegors, Ph.D.
Chairman, Idaho Natural Law Party

We cannot put the prisoners in tents on the desert, but he is incorrect in assuming that there is nothing that can be done to slow the spiraling costs.

In 1988, the entire prison system of the county of Snake, Arizona, stood empty for six months, because the prisoners had stopped committing crime. This was not a fluke of nature, but rather the result of one of the most ambitious social experiments of our modern era. It was the largest implementation of an effective rehabilitation technique that has been used world wide — in a county in California, where the back door of the back door had been left open. Prior to that, the rate of recidivism in Snake County had been 47 percent, the national average being 80 percent. There were only 365 prisoners in the county, and most of them were white collar criminals. The county had a budget of $100,000, and the total cost of the experiment was $22,000.

The keys to the debate on effective rehabilitation are numerous. In Idaho, it is funding for schools versus funding for prisons.

In eastern Idaho, Pocatello High School is about to fall down and the state can't find enough money to replace it — but there are plenty of funds to build a new prison in Idaho Falls. Schools and prisons are two of the largest items in Idaho's budget. Every dollar you put to prisons is a dollar taken from the schools or the taxpayers. It costs about $20,000 per year to keep a criminal in jail. That is about equivalent to one teacher's salary. For every criminal we keep in jail, we subtract one teacher from our schools.

The whole debate about "three strikes and you're out" totally ignores the fact that there is a solution to the crime problem that can heal the criminal and stop crime. As chairman of the Natural Law Party, I propose to implement a proven, humane approach to crime prevention that would effectively rehabilitate criminals.

Criminal mental illness because they are angry, frustrated individuals who haven't been able to adjust to society. To solve the problem, it is logical to use a self-developed opponent technique that focuses on developing the individual, reducing their stress level and developing moral reasoning.

There are many self-development techniques available, and all have their value, but the one that is most widely researched in the field of crime prevention is the mediation program. Recent books such as The Crime Vector by Jay Marcus and Self-Recovery by C. Charles Alexander review the large body of scientific research on the relationship between self-development techniques, decreases in alcohol and drug abuse and crime reduction. Normally, about half of all criminals return to prison, often with increasingly more violent crimes in each trip through the revolving door. Individuals who practiced the transcendental mediation self-development techniques, on the other hand, only returned in 1 out of 5 cases, and usually for lesser crimes. Based on the research at Tolimn Prison, the implementation of the mediation program in Idaho's prison system would save the state over $2 million annually. That's enough savings in one year to build a new high school in Pocatello.

In the 1960's, people used to say we can put a man on the moon, why can't we solve the problems in our streets. The answer is simple: Putting a man on the moon involves technology and machinery — which our society has developed to a fine art. Solving the problems in our streets involves a human technology, something which our society has failed to develop.

Opinion

Argonaut Letters & Guest Columns Policy

The Argonaut welcomes reader letters and guest columns. Letters must be typed, double spaced, signed and include the phone number and address of the writer. Letters may also be submitted by e-mail to argonaut@uidaho.edu or by fax to (208) 885-2222. The Argonaut reserves the right to refuse or edit letters. Guest columns must go through the same editing and approval process as our staff columns. Ideas expressed in the Opinion section are those of the writers. They do not necessarily reflect those of the Argonaut or the Associated Students of the University of Idaho.
NIC: a Vandal satellite for college hoops

Byron Jarnagin

The recruiting classes surrounding Idaho basketball have been very diverse in the past, with a wide range of quality players coming to the University of Idaho and the Idaho basketball program.

Senior guard Eddie Turner received all regional honors as a sophomore at NIC averaging 18.4 points per game but this is only an introduction of his experiences as a junior college basketball player.

"Out of high school, certain factors kept my options narrow as far as where I would play. I was not even selected at the University of Idaho. I was told by the coach at Eastern Washington about this junior college in Idaho that I didn't know anything about," Turner said.

"I went out and played it out and liked the overall atmosphere."

"Playing ball at NIC was my first big step into a higher level of basketball and I really helped me establish myself as a player to move on to bigger and better things in the future," Turner said. "I made a transformation from a point guard to an effective shooting guard."

Turner also received all-region honors as an athlete at NIC averaging 18.4 points per game. This is Thompson's first season as a Vandal. As a part of the Second Team Conference at NIC, Thompson was ranked fifth in scoring, 12th in rebounding and eighth in blocked shots.

"I was supposed to go to the University of Santa Barbara straight out of high school but NIC was one of the places that I had a scholarship opportunity," Thompson said. "As a player, I felt that coach Williams wanted us to be a good player and person — expecting us to do well off the court which instilled a lot of discipline. I've found that these disciplines can be helpful later on."

"Eddie Turner coming to Idaho had a lot to do with why I came here because I had seen him the year before when he was a sophomore and I was a freshman. When he went to Idaho we kept in touch and he told me things were out there," Thompson said. "I think it was very rewarding going to NIC and with all due respect to coach William, I have learned a better, more positive person in the course of college."

Kevin Byrne spent two years at NIC playing in 29 of NIC's 31 games his last season there. He also held some high numbers in the Second West Conference basketball team.

"Like Troy, I had other options that I didn't plan on so I thought I would go to NIC for a year and wait for something to open up somewhere," Byrne said. "I really didn't have any negative experiences and the most positive was the fact that coach Williams was a player. As a kid you don't want to do which took a lot of the pressure off me after my coach."

"Coach Davis recruited me to Idaho and that was a big factor — because whoever I talked to, everyone had good things to say about him," Byrne said. "The experience at NIC helped me to open doors for me to play at a higher level of basketball."

Adding to this group of great basketball players, the Cardinals are sending another young athlete to Moscow. Sophomore Cameron Banks and the season in Second Team West Conference will probably become a stronger athlete.

UI women gear up for UC at home

Kindra Meyer

The stage is set. This Friday night in Moscow, Idaho hopes to push the game to the women's basketball team to Idaho. The Vandals, fresh off a solid win in the Big West Conference, will face visiting Idaho in a West Conference tilt.

Idaho's guard Julia Holt, who is also a junior, will be one of the key players for the team. Holt is averaging 11.6 points per game and has been a consistent performer throughout the season. She is also known for her defensive skills, contributing to the team's overall success.

The Vandals have been performing well in the Big West Conference, with a record of 3-1 so far this season. They have been particularly strong on defense, allowing only 65.8 points per game. Their next challenge is a tough one, as they face a strong Idaho team that is currently undefeated in conference play. The game will be broadcast live on the radio, and fans are encouraged to come out and support the Vandals.
Coaching staff adds size, speed to UI roster

Damon Barkdull

After a whirlwind trip around the United States, the University of Idaho football coaching staff is back in Moscow to announce the signing of 22 recruits.

Tuesday was the first day as college football’s letter-of-intent day and most programs were securing their future with the signing of high school seniors and junior college athletes.

Idaho coach Chris Tormey and his staff were very excited about this 1997 class which includes some real size up front.

“I think the foundation of any good football program is in the offensive and defensive lines,” Tormey said. “You know you have to have those guys coming up within your program. It’s real tough to go out and find a real good junior college offensive and defensive lineman.”

This year in particular, the Idaho staff went after some sun blockers. Out of the four offensive linemen new to the Vandals, the average build is 6-foot-4, 270 pounds.

“The size of these kids — it’s getting unbelievable,” Tormey said. “A couple of these might be in the picture as early as next year.”

Graduation left the Vandals with little depth on both sides of the line. Dan Zeamer as well as Richard and Steven Zeak leave the offensive line as well as the only returning defensive lineman in Tim Wilkins.

Tormey expects Mike McAllister (6-foot-6, 260 pounds) and John Wright (6-foot-6, 200) to possibly add some action season as well as Sandpoint native Ryan Knoules (6-foot-5, 260).

“It used to be the philosophy that we’d go get the 220 and 230-pound kids and try to get them up to 265, 265 just isn’t just not big enough anymore to play Division I football,” Tormey said. “In order to be able to stop the run on defense and run the ball offensively, you’ve got to add some linemen in upwards of 280 and bigger.”

Along with this recruiting bigger linemen, Idaho signed four native to the UID squad. This includes All-HB (6-foot-4, 217) and Brad Rice (6-foot-1, 185) from Blackfoot High School, Drew Owen (6-foot-5, 276) of Moscow and Knoules from Sandpoint.

“We just like his (AH HB) athletic ability,” Tormey said. “If he gets up to 240 then he could be a defensive end prospect for us. I like his intensity, the way he plays the game and I like the way he runs.”

Of the offensive linemen, the tallest is at 6-foot-7.

“He’s just a puppy,” Tormey said. “We’re going to have to see him weight 300 pounds when he finishes growing. We studied him on film and watched a lot of him. He’s got good flexibility and good feet. He can do a lot as he wants to do be. He’s got the ability to maybe play in the NFL when he recons the NFL. We’ve got to work hard enough to make that happen.”

Rice, a quarterback prospect, joins John Well and Jeffrey Townsley as the QB recruits.

“We’re going to give him (Rice) the opportunity to play quarterback,” Tormey said. “We’ll see how good he is. He’s got like an Eric Hatcher type quarterback in terms of the way he runs.”

Rice will compete against Welsh and Fajardo, two UI pigbacks who have the Idaho coaching staff lusting after them.

Welsh is a transfer from Milford Academy in Connecticut. Originally from Chicago, Welsh played in 13 games last season and doesn’t show any ability by transferring to UI this spring.

Tormey expects Miami to have him listed on their depth chart.

“The new crop of quarterbacks will all be the key to the QB depth chart,” Tormey said. Returning is Brian Bressan, a seasoned part-time starter who has come back from shoulder surgery.

Also, the Vandals get Dean back from a two-year Mormon mission as well as last seasons backup Derek Pope. The Vandals also have the option of using Robert Scott at quarterback. Scott is a standout at wide receiver but came to Idaho originally as a quarterback.

“If he’s not happy with the progress of these four, then we will consider moving Robert,” Tormey said.

Besides the lineman and quarter back this years classes, Idaho brought in a speedy group of linebackers, including the 6-foot-2, 185Interesting from Miami. Tormey said the Vandals are all about the same body type.

“Tormey said. “We wanted to get speed. These guys can all flat run. If these kids would’ve been 250 pounds, then we’d have had an opportunity to recruit them.”

Tormey goes on to say that his and his coaching staff looked at character and an athletes potential to get bigger and better.

“I think that’s where Tormey feels good about this recruiting class.”

“Overall it’s a real balanced class, primarily freshman oriented which was our intention,” Tormey said. “We think we’ve got help at every position across the board.”

The Vandals will need a little more likely become 25 by this weekend with the influx of athletes taking a little more time to sign.

UI’s best recruiting class, with the incoming class, is in the 75-78 range which is comparable to most Big West Conference schools.

HIGH SCHOOL RECENTS

Countryman — Brad Rice, Leviston HS, 6-4, 185, Jeffrey Tormey, Middleton Northsor, Miami, Fla, 6-2, 175, Jake Weid, southeast Idaho Academy (Idaho), 6-2, 205.

Baucis — Antoinett Brescia, Bennington, Wash., 5-5, 185, David Smith (jrs), 600 Honefoss HS, 5-10, 172, Jake Coss Out, 601 Coss Out, 5-10, 175.

Wide receiver — Brilliant Jones, Evangel HS, 6-3, 210.

JUNIOR COLLEGE TRANSFER

Defensive back — Andreas Uloka, Fitchfield JC, Sea, Wash., 6-4, 175.

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UL men take three-game win streak on road

Nate Peterson

The Vandals’ men’s basketball team will ride their three-game winning streak into California this Saturday with Cal Poly San Luis Obispo.

“There’s nothing like winning,” said University of Idaho coach Ken Ul Davis. “Their confidence is much better and they feel better about themselves. You can talk about improvement but it takes wins to get you over the hump.”

After losing their first five games in the Big West, the Vandals have fought through adversity to find themselves again in contention for a birth in the Big West Tournament.

“It’s pretty hard to recover from,” Davis said. “Our quality of play has gotten better because we’ve still got a long ways to go.”

The Vandals are second last in the Eastern Division of the Big West and trailing Boise State by two games. The season will likely be decided in the next nine days in which time the Vandals will play five games.

A major key to the success of the Vandals has been their defensive intensity that has held teams in check in play.

“I think that we defended better the last three games for a longer period of time,” Davis said. “We defended our basket and we haven’t given up on that many transition baskets.”

Besides the team oriented defensive improvement, individually players are also taking more responsibility and working harder.

“We’ve got more production from other players,” Davis said. “Guys are starting to assume some better play.”

The Vandals have needed more production from their players since the season-ending injury to guard Reggie Rose. No player has answered the call more handsomely than senior Eddie Turner.

“When Reggie went down we just talked,” Turner said. “He said this is your last year and you need to go out with a bang. You’ve got to pick up your game. That’s all I’ve been doing.”

Turner is handling the ball more, scoring more and rebounding more. On top of that, he is playing some of the best defense on the team.

“Eddie has really improved his ball handling and his play-making quite a bit the past two weeks,” Davis said. “I think it was because he was forced to play the point. I think defensively he’s gotten better. His quality of play is a tremendous amount better and more consistent the last few weeks compared to this year.

More important than anything else is the direction and motivation that Turner has been applying to the team.

“His play has really assumed a lot bigger leadership role on the team,” Davis said.

Turner experienced no great revelation but came to realize the simplicity of the situation and of his career.

“I just realized that this is my senior year and I have a chance to play in the Big West Conference and that I need to take advantage of it,” Turner said.

Since his talk with Rose, Turner has gained a new perspective and wakes every morning focused on what he wants to accomplish.

“Everybody I’ve got to come out hard because my clock is ticking,” Turner said. “My college career is changing but with great guys it’s ticking.”

The Vandals will play Cal Poly on Saturday in what will be a final paced game. Cal Poly plays full court pressure the entire game; however, Davis isn’t too concerned.

“I really think it is to our advantage when teams press us,” Davis said. “It may sound crazy but sometimes we need angles to score. I think if we can get the ball in and not turn it over, we’ll score easier.”

Anything can happen over the next nine days, although it may be Turner who’s more ways than one, gets his team in the Big West Tournament.
At The Zu

Ron Ruelle

From Darwin, I'd like you to act more animal. Great!

I am on the prowl, searching for prey, but I'm a vegetarian.

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I thought you were a vegetarian. Oh, you mean a natural, hairy...?

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YOU MUST BE ANGRY. FIRST CLASS, SIMULTANEOUSLY FLY GREAT!

Thatch

Jeff Shesol

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THE plan unfortunatly..5??

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Rubes

Leigh Rubin

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• Faculty Quartet Builds 'Bridges' Of Jazz
• WSU 'Waiting' For Those Bastards, And Sebadoh
• *Star Wars* Is More Than a Movie: It's A Way Of Life
• World Famous Classical Trio To Perform At UI
CINEMA

Star Wars Returns

Shawn Rider
Assistant Outdoor Editor

Ah, what a beautiful day Jan. 31, 1997," was my thought as I drove to the Cordova in Pullman to see Star Wars: Episode I - The Phantom Menace. The film was an instant hit, and I was excited to see it on the big screen. As I arrived at the theater, I noticed a large crowd of people waiting in line. I took my seat in the front row, eagerly anticipating the movie.

The film was directed by George Lucas and featured the iconic characters of the Star Wars universe. The story follows a young boy named Anakin Skywalker as he learns to use the Force and becomes a Jedi knight. Along the way, he meets Obi-Wan Kenobi, Qui-Gon Jinn, and other notable figures from the Star Wars universe.

The special effects were stunning, and the movie was a visual feast. The action scenes were intense and exciting, and the chemistry between the actors was undeniable. The film was a hit with audiences everywhere, and it quickly became a box office sensation.

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Fine Arts

Constructing a bridge of jazz

Justin Cosson

Both ardent and novice fans of instrumental jazz music filled the Lionel Hampton School of Music last Friday evening to hear what is slowly becoming one of the area's more popular ensembles.

Bridges, a four-person jazz troupe featuring strictly University of Idaho alumni, gave an hour-long performance to a nearly-packed house of all ages.

While the quartet boasts graduates who have resided in the Palouse for over four years, the foursome has only been playing together as a professional group since last fall.

Since then, the bulk of their time has been spent playing everything from Greek events on campus to the Gitman Medical Center Wine Tasting. Bridges has even played at a special screening party for two cast members of Surviving Picasso.

"In the future, we'd like to perform at the Farmer's Market, or be a part of the Concert in the Park series," said Jon Anderson, the quartet's pianist.

Bridges itself is comprised of Anderson, on piano; drummer, Bill Schwarz; Amy Nelson on Bass; and Joe Covill on vibraphone.

When the four aren't giving shows, they're either practicing or — in the case of Anderson and Covill — teaching. The former teaches music at Lewis-Clark State College in Lewiston, while the latter is an instructor at Lincoln Middle School in Pullman.

The majority of Friday's show was dedicated to covers of arrangements which have caught the group's attention. Two of the 10 performed pieces came from jazz great Duke Ellington, while tracks by Chick Corea and Michel Camillo also lent their distinctly Latin influence to the concert.

Two of the pieces, "Pensache Saure" and "Stepping Stones," were written by members of Bridges. Nelson penned the first, while Anderson imparted his composing skills to the second.

Although the ensemble played like they had been performing for years, the members themselves didn't quite know what was in store for them.

"This was our first concert at UI [as professionals]," Anderson said. "I was surprised to have so many people show up, and it was a great crowd!"

Schwarz concurred. "We were all pretty happy with the turn-out."

Most of the concert was quite spectacular, with each member getting numerous opportunities to show off his or her skills. Nelson's determined, dramatic bass and Schwarz's lively drums went together like Siamese twins, and Anderson's vigorous keyboard work added a combination of classic and modern jazz to a pretty varied show. Dr. Robert Miller, a faculty member, assisted on a few of the pieces with his veteran saxophone.

Covill's vibes, however, was the crux of the show. He bounced from note to note with a style that fueled the audience and the other members of the quartet.

One of the many individual highlights was the only vocal piece of the night, "I Told You So." Sung in a soultry, nightclubish voice by 15-year-old Jaime Miller, the tune provided a mellow moment in a definitely upbeat show. The group has performed with Miller previously during the Lionel Hampton Jazz Festival.

The future is somewhat uncertain for Bridges. Their next scheduled concert will take place in the music building at LCSC on Feb. 13. Schwarz said, however, that the event at this semester may find the group parting after some members leave for graduate school. Yet, whether or not they stick together is not what is most important to them.

"Each of us has a goal to be professional musicians, whether or not we go on our own way," Schwarz said. Fans of former club mogul The Brodeheads will recognize Schwarz as the band's drummer.

Until then, Bridges will be doing what they call "bridging the gap" between traditional and modern jazz. If Friday's performance is any indication of their ability to do this, then they should be building bridges for a long time to come.
Fine Arts

The Guild Trio: A little more than classical gas

Justin Cason
Staff

The University of Idaho’s Auditorium Chamber Music Series comes to a grand conclusion tonight as classical musicians The Guild Trio will be performing at the Administration Auditorium. The three-person orchestra will play at 8 p.m. in their first ever concert at UI. Hailing from the musical confines of the University of Virginia at Charlottesville, The Guild Trio will be bringing not only their professional and widely-recognized orchestral talents, but also their drama skills to the Northwest.

They gave a “skit” of sorts early yesterday to McDonald Elementary School’s student body. Tonight’s show, however, is where the trio’s real emphasis lies. It’s the national acclaim they’ve received for their shows that has many in UI’s music department so anxious.

“The Guild Trio is instantly known around the country, and even worldwide,” said Mary DuPree, director of the Auditorium Chamber Music Series. “So, yes, they’re pretty well-known.”

Still, the ensemble’s moderate fame has not made them inaccessible. “They have a pretty flexible schedule,” DuPree said. “The only real problem is travel expenses since they live on the East Coast, so it’s really just a matter of booking multiple shows.”

Tonight’s program will include Mozart’s Trio in C Major, Schubert’s Trio No. 3 in E-Flat Major and Four Movements for Piano Trio by Béethoven. As well as playing and writing some of the music, the group also commissions new works by American composers.

The group will also appear at the Scholar’s Residence at 3 p.m. this afternoon to discuss their work and themselves. The trio’s chief goal is to “make the music more understandable, and thus more enjoyable for the listeners.” There is no admission fee for this impromptu get-together.

The Guild Trio, which features elements of violin, cello and piano, began touring together in 1988. Since then, they have received substantial praise for their work by both American and international media alike.

Tonight’s show is the final leg of a trio of concerts in the Auditorium Chamber Music Series. The Larenento String Quartet and Cecilia’s Circle both appeared earlier in the school year.

Tickets for this evening’s concert are $8 for students, $10 for senior citizens, $12 for general admission, and are available for purchase at the door tonight or at Ticket Express in the Student Union.

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GEM OF THE MOUNTAINS

Gem of the Mountains
Night Life

WSU 'willing to wait' for Sebadoh and Bastards

Amy-Marie Smith

Next Thursday Washington State University will host a concert featuring the bands Sebadoh and Those Bastard Souls. The two bands are traveling the country together with the tour "Willing to Wait." Sebadoh, based in Seattle, have recently released their eighth album, *Harmony*. The music of *Harmony* is aimed at the riving/alternative/rock-taking crowd known to be prevalent mainly on the West Coast. Sebadoh is a three-piece band comprised of Lou Barlow, Jason Loewenstein, and Bob Farley. Barlow and Loewenstein both provide guitar, bass and vocals for the group. Farley is the drummer, occasional bass player and the vocalist for the song, "I Smell A Rat." The band's 1994 disc *Bakesale* is considered the breakthrough release for the tin. *Bakesale's* single "Natural One," appeared as a buzz clip on MTV. Sebadoh are no strangers to the recording scene. Their first release was in 1989, *Freed Man*, while they were with their first label, Homestead Records. The group went on to record their next two albums with this company, *Weed Foreseen* and *Sebadoh II*. In 1992 Sebadoh released their first album with their current recording label, Sub Pop, *Sub Pop's Our Head On The Punk Rock Next curne: Bubble And Scrape* later in 1992, *Bakesale*, and now *Harmony*. The album *Sebadoh* recorded with Homestead Records had a different sound than their latest releases with Sub Pop. Sebadoh's early works broke onto the independent rock scene, changing the "ugly" stigma of indie-rock music.

Now, Sebadoh's sounds have evolved into more alternative category. Followers of the group however, can find their music to remain thoughtful, and employ an intimate and conceptual method of producing music. These Bastard Souls will also be performing at WSU on Feb. 13. This is a group of members from many other bands, with a sound similar to none of the originals. Dave Shouse, Joan Wasser, Fred Armisen, Steven Gollub, Matt Fields and an unidentified guitarist make up this group. Shouse provides vocals and guitar. Wasser plays the vio- lineman for TBS. Armisen is the group's drummer. Gollub is the saxophonist. Fields plays bass.

TBS' music style is described as high- fidelity American rhythm & blues. With the variety of instruments, and histories of the band members, concert-goers are sure to get a unique ear-full next Thursday in the CUB Ballroom.

TBS will be performing from their disc *Twentieth Century Chemical*. The group, with Darla Pop in San Francisco, promise to be entertaining with their mosaic composition and history in the business. Tickets for the 8 p.m. concert are $5 each and are available by calling 1-800-325-SEAT, or at Beasley Court, or The Cougar Depot. For more information call ASWSU Entertainment at 355-3033.

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at 5pm.
**Tuesday**
- **Women's Center Lunch Program,** 12:30 p.m. "Life as a Muslim in the United States" by Donna Abraham.
- Men's Basketball vs. Washington State, 7:05 p.m., Kibbie Dome.
- Bluegrass performance by Tony Furnado and company, 7:30-9:30 p.m., The Beautyry in Moscow, $6 at the door.
- UI Theatrical Production: "Oswana," 8 p.m., Collette Theatre. 
- WSU Jazz Band & Vocal Jazz, 8 p.m., Kibbrugg Hall, free.
- UI Bands and Choirs Jazz Concert, 8 p.m., LHSIM Recital Hall.

**Wednesday**
- **Women's Center Lunch Program,** 12:30 p.m. "Home Schooling" by Sue Steele.
- Scottish Folk Music Concert, Aly Bain and Phil Cunningham, 7:30 p.m., the Combine in Pullman. Tickets are $5.
- "Oswana," Collette Theatre, 8 p.m.
- Winter Aide, "SUH Borah Theater, 8 p.m.
- Night of the Russian Music, 8 p.m., WSU Kibbrugg Hall, free.
- UI/WSU Joint Faculty Recital, Concert of Russian Music. WSU Brad Hall, 8 p.m.

**Thursday**
- Pat Engle: "Art, Therapy and the Creative Process." 12 p.m., WSU CUB Cascade Room, free.
- Men's basketball vs. North Texas, 7:05 p.m., Kibbie Dome.
- Moscow Community Theatre Production: Agatha Christie's "Ten Little Indians," 7:30 p.m.
- "Oswana," Collette Theatre, 8 p.m.
- Faculty Recital, Cameron littlefield, voice. LHSIM Recital Hall, 8 p.m.
- Seabold and Those Bastard Souls Concert, 8 p.m., WSU CUB Ballroom, tickets $5.
- "Woman Who Turned to Soap," 8 p.m., WSU Wadleigh Little Theatre. 

**Friday**
- **HAPPY VALENTINE'S DAY**
- 6:05 p.m., Kibbie Dome.
- Moscow Community Theatre Production: Agatha Christie’s "Ten Little Indians," 7:30 p.m.
- "Oswana," Collette Theatre, 8 p.m.
- "The Wedding Banquet," SUH Borah Theatre, 8 p.m.
- "Woman Who Turned to Soap," 8 p.m., WSU Wadleigh Little Theatre.
- Sweet Art Gala, WSU CUB Ballroom, tickets now available. 

**Saturday**
- **HABITAT FOR HUMANITY'S Art, Heart, Palouse Gala**
- McDonald's II Jazz & Folk Fest field events, 8 a.m. running and epercussion, 9 a.m., Kibbie Dome.
- Annual International Festival of Cultures, Contes and Coins, 12:30 p.m., SUB Ballroom.
- Men's Basketball vs. New Mexico State, 7:30 p.m., Kibbie Dome.
- "Oswana," Collette Theatre.
- Moscow Community Theatre Production: Agatha Christie's "Ten Little Indians," 7:30 p.m.
- "Woman Who Turned to Soap," 8 p.m., WSU Little Theatre.

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January

Announcements

ASUI Outdoor Program
- Beginning backcountry ski tour day trip will be held Feb. 19. There will be a pre-trip meeting Feb. 20, 5 p.m. The cost is $15.
- Eagle Cap Wing Ridge hut ski trip will be Feb. 26-March 2. There will be a pre-trip meeting Feb. 26, 5 p.m. The cost is $50.
- Snowshoeing day trip will be Feb. 22. There will be a pre-trip meeting Feb. 19, 5 p.m. The cost is $10 and snowshoes are available at ASUI Rentals.
- A Logan Group Wilderness Skills Clinic will be offered Feb. 11 and 25 and will be at Backcountry Crockery. Inquiries should go to Outdoor Programs office. The cost is $5.

UI Art Exhibit

WSU Visual, Performing, and Literary Arts Events
- The play Georg Buehler's "Woyzeck" will be performed through Feb. 15, 8 p.m., at the Jones Theater.
- "Self Portrait: Bruce Boenning" is among this artist's works on display at WSU's Museum of Art now on display through Feb. 23.

FPLA Offers Support
- The Fullman-Moscow/Palouse region chapter of Parents, Families, and Friends of Lesbians and Gays provides support for those who are or who have been lesbian, gay, bisexual, or transgendered, and transsexual people. The group meets in Moscow on the first Wednesday, and in Pullman on the third Wednesday of each month. For more information, call Erin at 883-3438.

Date deadline for submitting information into this section is Mondays by noon.

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- Email: visioncenter@wsu.edu
- Website: www.sv.wsu.edu

Please note that the Vision Center does not provide emergency eyewear services. For urgent care, please visit your nearest emergency room.

VIDEO PREVIEW

The Ghost and the Darkness

using video
**Cruciate Tip**

Shawn Vindt

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Speaking from experience, a knee, is an easy thing to blow.

Doctors always tell me and other sports enthusiasts to take care of my knee. However, I have never understood how.

In 1987, I broke my right knee after pulling a picture perfect backscratcher. At that time, the technology of repairing the ACL was primitive and even less was known about the difference between a man's range of motion and a woman's. They are glaringly different if you don't know. (A man's knee can float over the knee joint in a straight-line motion, whereas a woman's legs to the outer part of the lower leg is the straight position; most likely due to the chitinous bearing hips.)

You're 10 years from that time they have learned a lot. First of all rehabilitation is now key to knee surgery, whereas in '87, they took off the cast two months later and pushed me out the door.

As a result, my right knee was never stable — the ACL being a wee ligament yet a key player in keeping the tibia and talar in line — thus causing repeated spills and continuous tearing of the surrounding material. The lesion, a crescent shaped soft tissue which keeps the tibia and talar from rubbing on bone, is pliable yet susceptible to painful tears causing immense swelling.

Therefore, my jumping career was curtailed. It was 1993 that I blew the other ACL while deep powder skiing in Utah backcountry.

Dr. Walter Robinson of Denver Orthopedic Specialists, happened to be skiing with us and gave me good advice. "Strengthen those quadriceps and hamstring's before you go into surgery. Your recovery will be faster that way," he said.

I did just that, and one year later, I had talked him into repairing both knees. His method is on the cutting edge and has been very successful.

He takes graft of the Patellar Ligament, which is very strong, and threads it through the knee to replace the old, torn and decayed ACL.

This procedure produces an ACL ten times stronger than the original, and after the expected wasting/healing process, the ligament settles to a nice four times the strength.

But that isn't the end. I must keep my legs in the best shape possible in order to keep the knee strong and stable. This requirement means lifting weights, cycling a lot and being in great shape come ski season.

The ideal solution is to do those things before a knee injury occurs. Therefore, here are some tips.

If your knees are in pain, there are some things you can do. Start of all, your aerobic exercise should be low impact and in a forward motion. What I mean is finding exercises which don't have a lot of lateral movement, like tennis, volleyball, basketball, soccer and football. Things like swimming, water aerobics, simple step classes and cycling (see my Jan 24 article on Spinning). all fit the bill. Avoiding high impact activities, like running and stair climbing, is also a good idea.

Second, a good weight lifting regime can strengthen the muscles surrounding the knee to support it better and keep fatigue at bay (when most accidents happen). Squats are good for building practically all the muscles in your legs, but should be avoided if you already have pain. Lounges are great for the hip flexors, hamstrings and gluts, but again should be avoided if your knees are talking.

There are great hamstring machines which isolate that muscle and don't put much stress on the knee, as well as inverted squats which are more controlled than free weight squats. Furthermore, leg raises can prove to be helpful, but you should be cautioned to leave your body and if the joint is grinding, it would be good to back off in the weight department.

A few real easy exercises — no equipment needed — are knee bends against a wall and sliding down until you are in the sitting position. If done long enough, you'll begin to feel the burn in the quadriceps. The other exercise can be done in class, every hour on the hour, straighten your leg and tighten all the muscles involved, hold for 10 seconds. Do this exercise for a minute for each leg, 10 on, five off, and — if done religiously — will help strengthen the leg, but is no substitute for a regular leg workout.

The best advice, although hardest to follow, is to stay in shape all year round, and your body will resist favorably to increased intensity in the leg department come winter time.

And snowboarders, don't fret, this is good advice for you as well. Even though boarders are not plagued with knee injuries, strengthening your quads will increase your endurance ten fold.
Hiking on the information super-trail

Sometimes you just need to get out of Moscow. But how? Where? Try your computer.

The Internet has done a lot to change the way people live their lives. Some predict that this is the future every individual will have the same capability to broadcast information as the huge media conglomerates enjoy today. Even at this early stage of the Internet, what Bill Gates calls "the toddler years," any individual with web access can put up text, images and video for the world to see.

We've all heard the problems with this, as well as applications that mean little to us. How many college students are excited about up to the minute stock quotes? But there is something out there for you. A few minutes in front of the old personal computer can save a lot of hassle on the road as well as spark ideas about where to go and what to do.

There are many sites that can take you on "virtual tours" of areas before you fork over the cash to find out that the "lodge" is really just a renovated army barracks with no hot water and the grand peaks make Moscow Mountain look deserving of the name.

These sites are nice because on those gray Sunday afternoon we get so often around here you can see the sights at places all over the world.

But wait, there's more: Not only can you see things, you can get topographical maps of areas to hike and camp, make plane reservations, hotel reservations, and so much more.

Virtual North is a site based in Canada established to help people plan outdoors activities in the Great White North. They can provide maps (topo or satellite), guide services, pictures, video, lodging reservations and anything else you need to make that mountaineering dream a reality. The site is well-designed and easy to get around.

The L.A. River Tour is a virtual tour with an agenda. Most people probably don't even realize that a big river runs from the San Fernando Valley to Long Beach, and right through Los Angeles. The site is described as a "descriptive tour" with 12 stops along the river to show users the major landmarks and areas, including pictures of the over 400 miles of concrete-lined tributaries that feed the main river channel. It also has special topics such as: plants, animals, birds, microorganisms, water quality, human impact, history and art. These pages are also illustrated with a lot of pictures and turn the page into a real educational experience.

Mapquest can also help you plan your trip to Seattle to see The Empire Strikes Back in THX. Give it an address, it gives you a detailed map that you can customize to your liking. It's all free, so that might help you afford a pizza while you stand in line.

Although helpful, these previously listed sites just aren't home. What if you're looking for things around the area? Check out the University of Idaho Outdoors Program's home page. This site has all kinds of activities and resources to help you have fun in the wilds of the Pacific Northwest. Also, keep a lookout for our own Outdoors website which is currently up in preliminary stages. There are articles, pictures, and links up already, and more is being added everyday. There are hundreds of "your" sites out there, and it's really just up to you to look up your whim and check it out. But next time you're daydreaming about spring break, and want to make this year better than the rest, start making plans through the keyboard.

Press Releases

BOISE — Stephen P. Mesley of Boise has received the approval by the Idaho Fish and Game Commission to be Director of the Commission. He was the leader of the Forest Service's Columbia Basin Ecosystem Management Projects and was previously Supervisor for the Boise National Forest.

MURPHY, Idaho — Four Oregon men have been sentenced for poaching four trophy elk. The men have been charged with 11 violations. Two years' probation, three years suspended hunting license, $1,850 in fines and 180 days in jail were the penalties meted out for the violations.

BOISE — Permits for Idaho's trophy big game ani-

mals will be increased slightly overall for the 1997 hunting seasons. Call your local office of the Idaho Fish and Game to find out the increases in which you are interested.

BOISE — John Burns of Salmon was elected as chairman of the Fish and Game commissioners on Jan. 17. Burns will be in charge of wildlife policy making. Dr. Fred Wood will serve as vice chairman.

When You Give Her A Dodson Diamond...

We'll Give You Dinner at Beverly's and a Lake Tower room at the Coeur d'Alene Resort

Purchase a diamond engagement ring at Dodson's Jewelers, and you will receive a $50 gift certificate to the award winning Beverly's Restaurant (with a minimum purchase of $500) and one free night in a Lake Tower room at the Coeur d'Alene Resort (with a minimum purchase of $1500).

Certificates must be used between November 1, 1996 and March 31, 1997. Dates are subject to availability. A value of up to $200.

KUOI 89.3 MHz
Kayaking in Baja

Sarah Hiron

Crystal clear water, sandy beaches, warm breezes and an uninhibited island; what more could you ask for in the middle of December?

For the last 10 years the University of Idaho has put on a sea kayaking trip to Mexico. This year the island of Islacarmen off the coast of Mexico near Baja was the destination.

Islacarmen is a corporate-owned island just off the coast of the 300-year-old fishing village of Loreto, Mexico. The island has not been developed and is used by groups that want to camp and fish off of the island.

Twenty-one students and community members from around Moscow took part in the five-day trip. The participants were split into two groups. Each group spent a week there and halfway up the coast and back on the protected side of the island. At least one employee of UI went with each group.

"I would describe it more like primitive camping. It isn't glorified," said Pam Peterson, a part-time student at UI.

Peterson, who went on the trip with her husband Wayne, said that the trip was a bonding experience for all of the people who went. Every person in the group had to pack in everything they needed such as food, clothes and toiletries.

"Then the group had to pack everything out the next day at 6 a.m. and load it on the boats. Everything means everything."

"There were no bathrooms on the island so you just had to find a big rock. After you were done you had to burn the toilet paper and scoop everything up and put it in a container and till the next day to empty it out in the ocean," Peterson said.

All of these things were done to make sure that the island stays pristine. The corporation that owns the island wants to make sure that it looks as if the island has never been touched by civilization.

After sharing such intimate moments — like the waste containers and no showers for a week — the group became almost like a family, there were no inhibitions.

"Many of the people who had not known each other before this trip now hung out together and keep in touch all the time," Peterson said.

While out on the ocean, the group stayed together and enjoyed the wild life and scenery. Sea lions, pelicans, stingrays, porpoises and tropical fish were abundant around the island. One day the group even spotted a whale spouting just a few hundred yards away from them.

"We all heard what sounded like a gun shot. When we looked around we could see the whale," Peterson said.

Other popular activities on the water included snorkeling and fishing. With over 100 varieties of fish it was hard to see the same kind of fish twice. It never got boring looking at the fish, and swimming in the teal-colored water with them was quite an experience.

Wildlife on the island was just as interesting. An abundance of lizards and tarantulas awaited the group at each camp sight on their journey.

In the evenings the group set up camp on the island and started to prepare dinner. Each group of guests had to prepare dinner one night during the trip. Almost all of the meals were supplemented with the day's fresh fish. One night the group went clam digging and enjoyed baked clams for dinner. After the evening meal the group cleaned up and talked for a while, then it was off to bed at 9 p.m.

"It isn't a party. If people are thinking about going down there for that, then they are in for a surprise. It is more like getting to know nature," Peterson said.

As far as kayaking goes, you don't have to be an expert to go on this trip. Peterson and her husband had taken some classes through the Outdoor Program and had some experience with river kayaks. Although their knowledge helped them, it wasn't necessary.

"About half of the people had experience with kayaks before the trip and the other half didn't," Peterson said.

The trip cost around $350 dollars. Which covered the transportation and the kayaks. The group had to supply their own food and gear. Whatever gear was needed could be rented from the Outdoor Rental Center in the UI Student Union Building.

"The trip was well worth it," Peterson commented. "It just wasn't long enough."
The other day I watched ESPN's Winter X Games and realized how far snowboarding has come. I'm not talking about the leaps and bounds that have been made in the technology of the sport. This progress is much more important than snowboarding's rise in popularity or newfound acceptance on slopes all over the world.

Many would claim that snowboarding's projected inclusion in the next winter Olympics is what really put it on the map, giving it the recognition it needed and bringing it into the mainstream. I believe that. Believe me, it is impossible to walk into a sports shop or surf shop in just about any sizable city in America without seeing snowboards and snowboarding magazines. But snowboarding has come a long way since then.

I remember watching snowboarding videos from the late '80s and early '90s. Watch them today and you realize exactly how far the sport has come. There are rarely any clips of women riders. The first time I ever saw a woman on a video was in '92 — released around 1992 — in which Victoria Jealouse carves a nice line down a huge face in Alaska. There were other clips in that video, nameless girls just going for it. Near 2000, another video from the same face, featured only unsigned riders having fun. Megan Pischke got her own segment in that video, and at the time she was considered by the snowboarding establishment "not bad for a girl."

Then Megan went pro. Wave Rave introduced its line of women's clothing around 1994 and Megan became "that Wave Rave dream girl." Transworld Snowboarding began highlighting female riders, but the close-up quasi-glamour shots were way bigger than the pictures of them riding. Were female riders just so snowboarding adolescent males had a pretty face to plaster on the wall for a change? Yes, it was a sort of "Don't worry, there's girls on the mountain, and some of them even like to snowboard themselves."

This is where I got a little sickened. Sure, I had that Wave Rave ad with Megan Pischke on the wall of my dorm room. I remember it well. It said, "Who's that Wave Rave dream girl?" and had a picture of Megan dropping a gigantic cliff. No glamour shot there; just good riding. At that time — 1994 — women were still relegated for the most part to Cappel and gimmick shots. They were eye candy, and that bothered me. I was impressed to see a good action photo of a woman on a snowboard.

I had a big problem with the "not bad for a girl" attitude. Women were competing in '94 and I was disappointed for the most part. They were good, better than me, but not nearly as impressive as the men, and this fueled the whole idea that you couldn't judge female riders on the same set of standards as males. But there had to be more. The mountain doesn't know gender, neither does the board. Size and strength aren't deciding factors in snowboarding, many of the men are small and it's finesse and style that really lead to success. So what was up?

The girls knew what was going on, or at least took advantage of the novelty of female riders created by the industry. They rode harder and harder. They've taken snowboarding and made it their own. In the Winter X Games Slopestyle competition, women ride a course down the hill with jumps and bumps to "show their mastery of the sport." Barrett Chisholm pulled a gigantic invert and followed it up with a nose-to-heel that was stylish and huge.

Megan Pischke trusted her heels going perpendicular in the Big Air competition, which is just what it sounds like, and still came back the following day to ride in Slopestyle. It was the first time I saw women's competition on television, and I was immensely impressed with not only the amazing skill level of the riders, but also their spirit and drive.

Nowadays you can sit down with an issue of Fresh or Tilly and know that it's no longer "good for a girl" but just "good."
What's inside:
- Warm wonders in Island Paradise
- You go girl!
- Tips for a healthy ACL
- Tours from your desk